

FLEXICALM 30 Vcaps

EAN: 8435110851891 FABRICANTE: NATURLIDER



Flexicalm from Naturlider is a plant-based food supplement that improves mobility and joint flexibility in the case of osteoarthritis, rheumatism and other painful joint manifestations.

DESCRIPTION

Naturlider Flexicalm is a natural food supplement based on garcinica, mangosteen, devil's claw and turmeric. Naturlider Flexicalm improves joint flexibility in the case of osteoarthritis, rheumatism. Studies carried out in patients with osteoarthritis have shown a significant improvement in pain symptoms. Joint mobility and flexibility improve significantly without causing adverse effects.

What are the ingredients of Flexicalm from Naturlider?

The ingredients of Flexicalm from Naturlider per capsule are:

- Garcinia Mangostana dry extract (Garcinia mangostana L., fruit, 20% mangosteen) 600 mg,
- bulking agent (potato starch),
- coating agent (Hydroxypropylmethylcellulose*),
- Harpagofito dry extract (Harpagophytum procumbens, root, 20% harpagosides) 200 mg,
- Curcumin Complex Cavacurmin® (Curcuma longa L.) 43.35 mg,
- purified water*, gelling agent (Gellan gum*)
- Vitamin D3 (Cholecalciferol 40,000,000 IU/g) 1.5 µg.

*Capsule components.

What are the properties of Flexicalm from Naturlider?

The properties of Flexicalm from Naturlider are:

Flexicalm is a mixture of three plants, Garcinia mangostana, Harpagofito and Turmeric that have a high antioxidant and anti-inflammatory power, acting as a natural pain reliever of great value.

- Mangosteen: which has a high antioxidant, anti-inflammatory and analgesic power.
- Turmeric: analgesic and anti-inflammatory. In addition, it favors the elimination of toxins.
- Harpagofito: anti-inflammatory, improves flexibility and joint mobility. It also favors the elimination of uric acid in cases of arthritis and gout.

In addition, it contains Vitamin D, which contributes to the normal functioning of bones, muscles and joints.



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What is Naturlider Flexicalm indicated for?

Naturlider Flexicalm has the following indications:

- Joint and muscle pain.
- Improved mobility and joint flexibility.
- Tendinitis and joint pain in athletes.

Does Naturlider Flexicalm have contraindications, interactions or side effects?

Consult the professional in case of pregnancy or lactation, if you are being treated with medication or have special medical conditions.

Due to its content in Harpagofito: Contraindicated in: Peptic ulcer, gastritis: due to its content in bitter principles, it could increase gastric secretion of hydrochloric acid, so caution is advised in patients with a history of peptic ulcer. Do not use in case of obstruction of the bile ducts.

Side effects: These side effects (with an incidence of 3%) are mainly gastrointestinal discomfort: nausea, vomiting, abdominal pain and diarrhea.

Precautions:

Its use is not recommended in pregnant women due to its possible oxytocin action. It is unknown whether devil's claw compounds are excreted in breast milk, and the possible effects that this excretion could have on the nursing infant. Safety and efficacy in children and adolescents have not been evaluated. Interactions: it is recommended to administer it with caution in patients treated with antiarrhythmics, due to a possible synergy in the activity.

Due to its content in Turmeric: Contraindicated in Obstruction of bile ducts, cholangitis, stones and other biliary disorders. Side effects: Dry mouth, flatulence and gastric irritation. In the absence of specific safety studies during pregnancy, lactation and in children, its use is not recommended in these circumstances without medical supervision.

Interactions: In vitro experiments have shown a potential interaction with warfarin, without clinical relevance. In susceptible individuals, it can increase the risk of kidney stones.

What is the Naturlider Flexicalm dosage?

You should take two capsules a day, during one of the meals, with a glass of water.

