

## COLESTERALL NATURLIDER 60 Vcaps

EAN: 8435110851594    FABRICANTE: NATURLIDER



*Colesterall from Naturlider, is a food supplement that naturally regulates cholesterol levels. Cholesterall from Naturlider thus allows us to maintain a good state of cardiovascular health.*

### DESCRIPTION

#### What is Naturlider Colesterall and what is it used for?

Naturlider Colesterall is a natural food supplement. Coenzyme Q10 and its content in phytosterols allow Naturlider cholesterol to help us maintain our cardiovascular health in optimal conditions, proof of this is that it regulates cholesterol levels.

#### What are the ingredients of Naturlider Colesterall?

The ingredients of Colesterall from Naturlider per daily dose (2 capsules) are:

- Phytosterol Complex 95% (800.09 mg of phytosterols) 842.20 mg
- dry extract of Olive (*Olea europaea* L., leaves, 10% hydroxytyrosol) 250 mg
- glazing agent (hydroxypropylmethylcellulose\*)
- anti-caking agent (stearate of magnesium)
- dry extract of Canary grass (*Phalaris canariensis*, whole plant-seeds, ratio 5:1) 40 mg
- dry extract of Milk Thistle (*Silybum marianum*, seeds, 80% silymarin, 30% silybin and isosilybin) 40 mg
- Guggul dry extract (*Commiphora guggul*, resin, 2% sterones) 30 mg
- purified water
- bulking agent (calcium phosphate dihydrate)
- Cane of sugar (*Saccharum officinarum*, dried wax, 98% policosanol, 10% octacosanol) 10 mg
- gelling agent (Gellan Gum\*)
- Coenzyme Q10 5mg.

The combination of plant ingredients and essential nutrients in Colesterall act synergistically to maintain normal blood cholesterol levels, a risk factor for cardiovascular disease.

#### What are the indications for Naturlider Colesterall?

Naturlider Colesterall is indicated for:

- High levels of blood cholesterol.
- Maintenance of optimal cardiovascular health.



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- Prevention of problems related to high levels of blood cholesterol.

Does Naturlider Colesteral have interactions, side effects or contraindications?

Consult the professional in case of pregnancy or lactation, if you are being treated with medication or have special medical conditions.

Due to its content in Olive: the use of diuretics must be controlled by a doctor in situations in which it is advisable to control fluid intake (serious heart or kidney disease), or in case of hypertension.

Due to its content in Milk Thistle: hypersensitivity to the drug or to other species of the Compositae family.

Due to its content in Guggul: contraindicated in hyperthyroidism. Use with caution in case of liver conditions or diarrhoea.

Due to its antiplatelet effect, it should be used with caution in patients at risk of bleeding. or use simultaneously with thyroid hormones. The joint administration of gugulipid with propranolol decreases the bioavailability of the  $\beta$ -blocker and also that of Diltiazem, a calcium channel blocker. It is not clear whether gugulipid interacts with statins and other lipid-lowering drugs.

Due to its content in Policosanol: oral treatment with policosanol has shown synergy with the antithrombotic and antiaggregant effects of ASA.

### **What is the dosage of Naturlider Colesterall?**

It is recommended to take 2 capsules a day with the main meals.

