

BERBERINE 60 VEGETABLE CAPSULES

EAN: 8435110851716 FABRICANTE: NATURLIDER



Berberine from Naturlider, is a food supplement that is used to control blood sugar levels and cholesterol, it is also used to treat diarrhea.

DESCRIPTION

What is Naturlider Berberine and what is it used for?

Berberine from Naturlider is used as a natural medicine to lower triglycerides, the level of total circulating **cholesterol** and LDL-cholesterol.

Naturlider's berberine is capable of reducing glucose and glycosylated hemoglobin levels (also glycosylated or glycated): biochemical parameter that helps in the management and control of the evolution of **diabetes**.

Berberine exerts a vasodilator action, which causes a decrease in **blood pressure**, which is why berberine is also attributed a hypotensive effect.

What are the ingredients of Naturlider berberine?

The ingredients of Berberine from Naturlider for three capsules are:

- Barberry dry extract (Berberis vulgaris, root, 97% Berberine) 1500 mg.
- Coating agent (hydroxypropylmethylcellulose*),
- Bulking agent (potato starch)
- Purified water*
- Gelling agent (gellan gum*)
- Chromium picolinate 150 µg.
- Chromium 18.75 µg 46.87%

Formula containing Barberry extract, providing 97% Berberine and Chromium, selected ingredients for achieve maximum efficiency synergistically.

Contains Potato Starch as a bulking agent, a substance found in many foods, such as rice or cereals, although we almost always associate it with potatoes. Scientifically, it is a plant polysaccharide that can be assimilated by the human body, which makes it an essential presence element in our diet. In addition, it presents the following benefits compared to other excipients:

- Greater nutrition: when we talk about the potato as a nutritious food, we are highlighting its contribution



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in the form of carbohydrates, that is, starch, provides potassium, magnesium, vitamin A and antioxidant compounds, among others.

- Stimulates the immune system.
- Laxative effect: starch causes an increase in fecal mass, due to bacterial growth, which translates into a beneficial effect that will help to go to the bathroom better.
- Good absorption of glucose in the intestine: among other benefits of the starch contained in potatoes we find the efficient absorption of glucose that occurs in our intestine.

Formula in vegetable capsules.

Gluten free and lactose free

Does Berberine from Naturlider have interactions, side effects or contraindications?

Consult the professional in case of pregnancy or lactation, if you are being treated with medication or have certain conditions

special medical.

Contraindicated in pregnancy, lactation, children. Obstruction of the bile ducts.

No toxic phenomena related to barberry have been described, however, most authors agree on the need to exercise caution in its use due to the potential toxicity due to the presence of alkaloids. The toxicity of berberine as a purified alkaloid is well established: in doses of up to 0.5 g it is well tolerated.

Accidental ingestion of more than 0.5 g of berberine is manifested by nausea, diarrhea, epistaxis, and hemorrhagic nephritis.

In a clinical study (Yin et al), 34.5% of patients with type 2 diabetes who were treated with berberine (500 mg three times/day) for 13 weeks showed transient gastrointestinal side effects, diarrhea, constipation, flatulence, and abdominal discomfort. However, no significant changes in liver enzymes and creatinine were observed.

In kidney and heart transplant patients, berberine has been observed to increase the concentration of cyclosporine by 25%.

In one study, concomitant administration allowed the dose of cyclosporine to be reduced by between 25 and 100 mg/day.

