

# ASTAXANTINA-LIDER (ASTAMARINE) 2.5 mg 30 VEGETABLE CAPSULES

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Naturlider Astaxanthin is a food supplement based on astaxanthins that acts as an antioxidant.

## DESCRIPTION

## What is Astaxanthinalider from Naturlider and what is it used for?

Astaxanthinalider is a food supplement from Naturlider. Astaxanthin is the carotenoid that gives salmon or prawns their red color. It is produced by various types of microalgae. In photosynthetic organisms, carotenoids play a vital role in reaction centers, either by participating in the process of energy transfer or by protecting the reaction center against auto-oxidation.

In non-photosynthetic organisms, carotenoids have been linked to oxidation prevention mechanisms. People are unable to synthesize carotenoids and must obtain them through their diet.

#### What are the ingredients of Naturlider Astaxanthin?

The ingredients of Naturlider Astaxanthin, per capsule are:

Astamarine® Astaxanthin Powder (Haematoccocus pluvialis) 250 mg, Bulking agent (maltodextrin), Anti-caking agents (magnesium stearate and silicon dioxide). Colorants (E-171, E-122 and E-172).

#### What is the recommended daily dose of Naturlider Astaxanthin?

The recommended daily dose of Astaxanthin from Naturlider is one or two capsules a day, with a glass of water and preferably with a meal.

Prices valid except for changes on our website. (IVA/VAT) included. Doc. Version bf-trf-G-20241127 https://bio-farma.es/buy/f/naturlider/astaxantina-lider-astamarine-2-5-mg-30-vegetable-capsules



