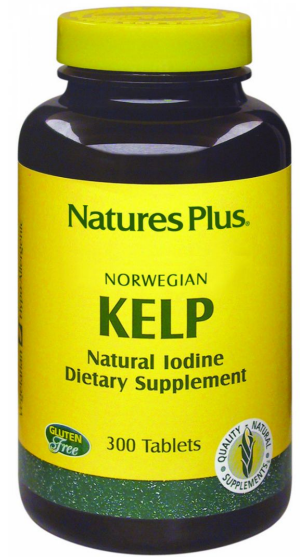


Kelp (Iodine) 300 tablets

EAN: 097467039506

FABRICANTE: NATURE'S PLUS



Kelp or iodine from Nature's Plus is a food supplement based on Kelp seaweed native to the Pacific that provides 150 mcg of elemental iodine per tablet. Kelp is indicated to protect against adverse metals, as it eliminates these toxins from the body.

DESCRIPTION

What is Nature's Plus Kelp (iodine) and what is it used for? It is a nutritional supplement of natural origin rich in iodine. Kelp is a set of brown algae of the Laminaria genus that provide alginates, polysaccharides, chlorophyll and minerals. Kelp or iodine from Nature's Plus protects from the adverse effects of heavy metals, purifying these toxins from the body.

What benefits can Nature's Plus Kelp (iodine) bring us? Nature's Plus Kelp or Iodine has benefits for the nervous system, skin, thyroid, and weight management. Iodine plays a very important role in our body for general well-being. The thyroid uses it to produce hormones, specifically thyroxine and tri-iodothyroxine, which are responsible for burning fat and energy in our body to release energy. Iodine is also used by our body for the growth, development and well-being of our skin.

What uses does Nature's Plus Kelp (iodine) have? The uses of Kelp or nature's Plus iodine are as an antioxidant and to eliminate heavy metals.

What indications does Kelp (iodine) Nature's Plus have? Kelp from Natures Plus is recommended for all those people who do not eat or eat little fish, cereals, fruits and/or vegetables, adolescents and young people with a limited diet, especially during periods of growth, people with a slimming regimen or who want to keep their weight stable, to ensure an adequate intake of iodine and people who want to keep their scalp and hair in good condition.

What are the side effects of Kelp (iodine) nature's plus?

- Too much iodine can lead to a thyroid imbalance.
- Iodine overdose leads to an increase in acne. If these algae are collected in a polluted area, they can present arsenic toxicity, a substance that, whenever taken in too high amounts, can become lethal. Hence the importance of acquiring them through a trusted brand.
- Be careful to check that you are not allergic to any of its components before you start taking the supplement. Despite this, and if once you consume it you notice an allergic reaction, you should stop taking it immediately.

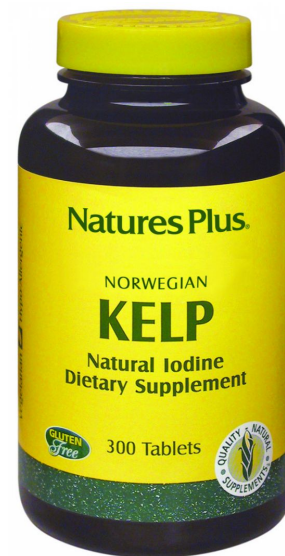
Prices valid except for changes on our website. (IVA/VAT) included. Doc. Version bf-trf-G-20241121
<https://bio-farma.es/buy/ff/natures-plus/kelp-iodine-300-tablets>



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- Algivits are a blood thinner and as such should not be taken in combination with aspirin or any other drug intended to lower blood pressure.

COMPOSITION PER TABLET

- 300 mg Kelp (Nova Scotia and Pacific) (150 mcg iodine)
- 150 µg Iodine (from kelp)

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