

## Naturdao Plus 60 Tablets

EAN: 0767461391114    FABRICANTE: NATURDAO



*Improved formula, with a contribution of 1,000,000 HDU per tablet based on LegumActive, without forgetting its 8 vitamins and minerals of high bioavailability: Diaminoxidase and Catalase, Quercetin, Vitamin C, Vitamin B6, Vitamin B9, Vitamin B12, Copper and Zinc. It is suitable for people with histamine intolerance or diamine oxidase deficiency. It is a premium Legumactive formula.*

### DESCRIPTION

**Naturdao Plus**, your new ally to help balance and enhance your overall well-being. With all the enzymatic power of our plant-based DAO and its exclusive Legumactive formula combined with the  of its seven activated minerals and vitamins that will reinforce its action as cofactors and adjuvants of the DAO enzyme.

### Naturdao PLUS Features :

- Provides 1,000,000 HDU daily to strengthen your digestive system.
- Contains 7 essential vitamins and minerals for complete action in activated form for high bioavailability:
- Powerful immunomodulator in superior form for better absorption capable of penetrating the cell membrane bilayer.
- Liposomal Vitamin C: Increases intracellular delivery and provides greater bioavailability and benefits.
- Vitamin B6 P-5-P Methylated.
- b9 Quatrefolic 5-MTHF Methylated.
- B12 Methylated Methylcobalamin: Methylated B vitamins are already in their active form, advancing their process of metabolization and utilization in our body.
- Chelated Zinc Bisglycinate.
- Chelated Copper Bisglycinate: Chelated minerals are formulated to increase their bioavailability. They are absorbed intact and do not compete with other minerals in the intestinal tract.
- Maximum potency with 12,000 IU of catalase to metabolize histamine.
- Easy and convenient to take, 5 minutes before meals.
- 100% vegan.
- Cruelty-free.
- GMO free.

Prices valid except for changes on our website. (IVA/VAT) included. Doc. Version bf-trf-G-20241121  
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By taking Naturdao Plus, you will help your body deal with excess **histamine** and the symptoms of **DAO deficiency**, adding essential nutrients to improve the activity of endogenous **DAO** in its activated format. **NATURDAO PLUS** is your new supplement to help you enjoy the best version of yourself without overloading your digestive system. And a unique combination to help you feel greater overall well-being.

### What is the recommended daily dose?

1 tablet 5 minutes before each meal (3 times a day).

### How should I take Naturdao?

- You can take it every day before your main meals.
- Take one dose with a little water, 5 minutes before if they are tablets and 15 minutes before if they are capsules.

### Can I take it later if I forget?

- It is not recommended. You must take it before eating for it to work properly.

### Does it have any side effects or interactions?

- No, there are no known side effects or interactions with other products.

### What foods should I take it with?

- Most people take it with their main meals, but you can adjust it as you feel better results.

### Will this product help me?

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- You should consider whether your problems are due to your diet. Supplementation can be helpful, but it is also important to balance your diet.

### Can I open the capsule if I have difficulty swallowing?

- No, you should not open the capsule. The coating is necessary for it to work properly.

### Should I take DAO supplementation?

- Consider supplementation if you have low DAO levels, but don't forget to adjust your diet.

### How do I know if I suffer from DAO deficiency?

- Try a low-amine diet for a few weeks or consult a professional to measure enzyme activity.

### I'm pregnant, can I take it?

- Not recommended during pregnancy without medical supervision.

### DAO supplementation during breastfeeding

There is no conclusive data, consult your pediatrician.

### Difference between animal and plant DAO?

- Plant DAO has a much greater amine degradation capacity compared to animal DAO.

