

## Naturdao 3,000,000 HDU 60 Vegetable Capsules Pack of 2 units

EAN: 695937434273-2 FABRICANTE: NATURDAO



Pack 2 units Naturdao 3,000,000 HDU is a food supplement based on Legumactive and is one hundred percent vegetable, so its enzymatic activity is much higher than in other non-vegetable products. It naturally contains catalase enzyme, so it favors the balance for the decomposition of the DAO (Diamino oxidase)-Histamine reaction.

## DESCRIPTION

## What is Naturdao?

Naturdao 3,000,000HDU are gastro-resistant vegetable capsules. Naturdao is a food supplement recommended for people with DAO deficiency, that is, diamine oxidase deficiency. In addition, it naturally contains the enzyme catalase, which favors the decomposition of DAO\_Histamine. NATURDAO 3000000

#### What is Naturdao for?

Naturdao is recommended when there is histamine intolerance.

#### What is the composition of Naturdao?

The composition of Naturdao is: Cellulose, LEGUMACTIVE® (Peas \* Pisum Sativum, Lentils \* Lens Culinaris), Hydroxypropylcellulose, Stearic Acid and Silicon Dioxide.

## How do I know if I have a DAO deficiency?

A low amine diet is also effective in treating histamine intolerance. Following a strict diet low in histamine and other biogenic amines for 2-4 weeks may be enough to check whether you suffer from histamine intolerance or not. It is important not to follow the diet indefinitely or without the supervision of a qualified nutritionist.

A laboratory analysis of the DAO enzyme in plasma can be done. Determining the activity of this enzyme will indicate whether or not you are intolerant to histamine.

#### Does Naturdao have side effects?

Naturdao has no side effects.

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#### **Does Naturdao have contraindications?**

Naturdao is contraindicated in pregnancy, during breastfeeding and in children.

## Differences between Naturdao 3,000,000 HDU and 1,000,000HDU?

On the one hand, Naturdao 3,000,000HDU capsules have more enzymatic activity than Naturdao 1,000,000HDU tablets. However, the main and most noticeable difference is the way it is released into your digestive system. Tablets are a great option in most cases as they are quickly available in your digestive system before meals because they are time-released.

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