

## NATURDAO 1,000,000HDU 60 Comp

EAN: 695937434280

FABRICANTE: NATURDAO



*Naturdao is a food supplement based on Legumactive and is one hundred percent vegetable, so its enzymatic activity is much higher than in other non-vegetable products. Contains catalase enzyme naturally, which favors the balance for the decomposition of the DAO (Diamine oxidase)-Histamine reaction.*

### DESCRIPTION

#### What is Naturdao?

Naturdao 1,000,000HDU are prolonged-release vegetable tablets. Naturdao is a food supplement recommended for people with DAO deficiency, that is, **diamine oxidase deficiency**. In addition, it naturally contains the enzyme catalase, which favors the decomposition of DAO\_Histamine. NATURDAO 1000000

#### What is Naturdao used for?

Naturdao is recommended when there is **intolerance to histamine**.

#### What is the composition of Naturdao?

The composition of Naturdao is: Cellulose, LEGUMACTIVE® (Peas \* Pisum Sativum, Lentils \* Lens Culinaris), Hydroxypropylcellulose, Stearic Acid and Silicon Dioxide.

#### How do I know if I have DAO deficiency?

A low amine diet is also effective in treating histamine intolerance. Following a strict diet low in histamine and other biogenic amines for 2-4 weeks may be enough to check if you have histamine intolerance or not. It is important not to follow the diet indefinitely and not without the supervision of a qualified nutritionist.

A laboratory analysis of the DAO enzyme in plasma can be done. determining the activity of this enzyme will indicate whether or not you are intolerant to histamine.

#### Does Naturdao have any side effects?

Naturdao has no side effects.



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### Does Naturdao have contraindications?

Naturdao is contraindicated in pregnancy, during lactation and in children.

### Differences between Naturdao 3,000,000 HDU and 1,000,000 HDU?

On the one hand, Naturdao 3,000,000 HDU capsules have more enzymatic activity than Naturdao 1,000,000 HDU tablets. However, the main and most noticeable difference is the way it is released in your digestive system. The tablets are an excellent option in most cases, as they are quickly available in your digestive system before meals due to their extended release.

