

## Spelled Flakes Without Salt Eco 300 g

**EAN:** 8429215121652    **FABRICANTE:** NATURCID



*Ingredients: whole grain spelled\* and corn syrup\*. \*From organic farming. Contains gluten and traces of soy, milk and nuts.*

### DESCRIPTION

**Instructions for use:** Pour the desired amount of cereals into a bowl, you can accompany them with milk, yogurt, chopped fruit, smoothies, etc.

<b>Nutritional information per 100g*</b>	<b>per 30 g*</b> Recommended daily ration	
Energy	1,530 kJ ? 362 kcal	459 KJ ? 108 Kcal
Fats	1.5g	<0.5g
Of which saturates	0.2g	<0.1g
Carbohydrates	68g	twenty
Of which sugars	5g	1.5
Fiber	10g	3
Proteins	14g	4.2
Salt	0.02g	<0.01

\*Reference intakes for an average adult (8400 kJ / 2000 kcal)

- Contains gluten and traces of soy, milk and nuts.
- Does not contain genetically modified organisms (Non-GMO) or irradiated.
- BPA free packaging.
- Store at room temperature, in a cool, dry place protected from light.
- Once opened, close hermetically for better conservation.

