

## ECO SPELLED FLAKES 300 g

EAN: 8429215120617 FABRICANTE: NATURCID



*Extruded whole grain spelled flour cereals. High fiber content. Protein source.*

### DESCRIPTION

ECO Spelled Flakes cereals:

- They contribute to the increase in muscle mass .
- They contribute to preserving muscle mass and maintaining bones in normal conditions.
- They contribute to the acceleration of intestinal transit.

**Ingredients** : Whole **spelled** flour\*, cane sugar\*, malted barley flour\* and sea salt. \*From organic farming.

**Instructions for use:** Pour the desired amount of cereals into a bowl, you can accompany them with milk, yogurt, chopped fruit, smoothies, etc.

<b>Nutritional information per 100g*</b>		<b>per 30 g*</b> Recommended daily ration
Energy	1517 kJ / 361 kcal	455 KJ- 108.3Kcal
Fats	2.4g	0.72g
Of which saturates	0.2g	0.06g
Carbohydrates	68.1g	0.43g
Of which sugars	11.1g	3.33g
Fiber	7.7g	2.31g
Proteins	13g	3.9g
Salt	1.89g	0.57g

\*Reference intakes for an average adult (8400 kJ / 2000 kcal)

- It contains **gluten**
- Does not contain genetically modified organisms (Non-GMO) or irradiated.
- BPA free packaging.

Prices valid except for changes on our website. (IVA/VAT) included. Doc. Version bf-trf-G-20241117  
<https://bio-farma.es/buy/f/naturcid/eco-spelled-flakes-300-g>



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- Store at room temperature, in a cool, dry place protected from light.

Once opened, close hermetically for better conservation.

