

Zinc citrate 30 mg 60 Capsules

EAN: 8436583691199 FABRICANTE: NATURBITE



Naturbite Zinc Citrate is a food supplement suitable for vegans, it can be used like zinc to strengthen the immune system, to improve memory and to maintain normal skin, hair and nails.

DESCRIPTION

What is Zinc Citrate?

Zinc Citrate is a salt of citric acid that can be used as a zinc supplement.

What is Zinc Citrate used for?

Zinc contributes to the normal functioning of the immune system, improves cognitive function, fertility, maintenance of bones, hair, nails and skin. Zinc acts directly on growth and neurological development.

What is the composition of Naturbite Zinc Citrate?

Naturbite Zinc Citrate contains 30 mg of Zinc Citrate, which represents 10 mg of zinc.

Bulking agents (Calcium phosphate, Microcrystalline cellulose), Anti-caking agent, (Magnesium stearate and silicon dioxide), Glazing agent (Vegetable capsule: Hydroxypropylmethylcellulose).

How should I take Natubite Zinc Citrate?

You should take one or two capsules per day, with a glass of water, accompanied by food.

Should I take any precautions before taking Naturbite Zinc Citrate?

The recommended daily dose should not be exceeded.

