

## Omega 3,6,9 60 Capsules

EAN: 8436583690284

FABRICANTE: NATURBITE



*Omega 3, 6, 9 naturbite are fatty acids that perform different functions in the body. fatty acids are very important for maintaining good heart health.*

### DESCRIPTION

**Naturbite Omega 3, 6, 9** is a food supplement that contains all the essential fatty acids to maintain good **cardiovascular health** and general well-being.

A diet rich in omega-3 fatty acids can help reduce the risk of heart disease, stroke and cancer; it also lowers LDL or "bad" cholesterol. In a balanced diet in omega-3 and omega-6, both substances can work together for health benefits. The ratio of omega-6 acids should be about two to four times that of omega-3. Unlike omegas 3 and 6, the body produces omega 9.

