

Organic coconut sugar 180g

EAN: 8437019608439 FABRICANTE: MYCONATUR



Coconut sugar is a delicious natural sweetener. Its caramelized touch gives desserts an authentic flavor.

DESCRIPTION

Coconut sugar is a natural sweetener extracted from the sweet nectar of the flowers of the coconut palm tree. These flowers undergo an evaporation process, resulting in the prized sugar.

Its color is dark brown and it has a dense texture once crystallized, its appearance being very similar to that of cane sugar.

Its sweetening power is 1:1 with respect to sugar, and it has a low glycemic index (GI 35), making it suitable for diabetics.

- Glass container with security seal.
- Allergen-free and gluten-free.
- Suitable for vegans and vegetarians.
- GMO free product.
- Store in a cool, dry place, away from sunlight and strong odors.

Ingredients

100% Coconut Sugar, from organic farming.

Instructions for use

It can be used in the preparation of desserts and to sweeten drinks, such as coffee or infusions.

Nutritional value

Per 100g

Energy value: 1632 kJ/ 390 kcal.

Fat: 0.21 g.

Of which saturated: 0.21 g.

Carbohydrates: 95 g.

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Of which sugars: 73 g.

Dietary fiber: 0.1 g.


Protein: 1.4 g.

Salt: 0.15 g.

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