

Citrameder B6 Plus 240 Tablets

EAN: 8437020265683 **FABRICANTE:** Méderi Nutrición Integrativa



Food supplement based on magnesium and vitamin B6.

DESCRIPTION

What is Citrameder B6 Plus from Mederi Nut used for?

Citrameder B6 Plus contains easily absorbed organic magnesium citrate. In addition, it includes pyridoxal phosphate, the metabolically active form of vitamin B6, in its formulation. The combination of both nutrients is essential for maintaining good health.

Magnesium helps reduce tiredness and fatigue, normal protein synthesis and the cell division process; It contributes to the normal functioning of muscles, the nervous system, energy metabolism, electrolyte balance and maintaining good psychological function and the maintenance of bones and teeth in normal conditions.

Vitamin B6 helps reduce tiredness and fatigue, regulate hormonal activity and normal formation of red blood cells. It contributes to the proper functioning of the immune system, the nervous system and normal psychological function, to normal energy metabolism, to the metabolism of proteins, glycogen, homocysteine and also cysteine.

What is the recommended daily dose of Citrameder B6 Plus from Mederi Nut?

Take two tablets a day, with half a glass of water and preferably outside of meals.

What is the composition of Citrameder B6 Plus from Mederi Nut?

- Magnesium citrate.
- Bulking agents (microcrystalline cellulose, dicalcium phosphate).
- Coating: AquaPolish® F clear 099.28 MS (coating agent: hydroxypropylmethylcellulose, anti-caking agents: microcrystalline cellulose and stearic acid).
- Anti-caking agents (AEROSIL® 200 F (silicon dioxide) and magnesium stearate).
- Pyridoxal 5'-phosphate (vitamin B6).

What is the nutritional value of Citrameder B6 Plus from Mederi Nut?

Prices valid except for changes on our website. (IVA/VAT) included. Doc. Version bf-trf-G-20241121
<https://bio-farma.es/buy/ff/mederi-nutricion-integrativa/citrameder-b6-plus-240-tablets>





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Ingredients 2 comp. %VRN*

| | | |
|------------|-------|---------|
| Magnesium | 300mg | 80.00% |
| Vitamin B6 | 2mg | 142.86% |

*NRV: Nutrient Reference Value of vitamins and minerals.

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