

B-Complex 50 60 Tablets

EAN: 8437020265386 FABRICANTE: Méderi Nutrición Integrativa



Food supplement based on group B vitamins, betaine, choline and inositol.

DESCRIPTION

What is B-Complex 50 from Mederi Nut used for?

Vitamin B1, B2, B6, niacin, biotin and vitamin B12 contribute to normal energy metabolism and the normal functioning of the nervous system.

Vitamin B2, niacin and biotin contribute to the maintenance of skin and mucous membranes in normal conditions.

Vitamin B6, B12, choline and folates contribute to normal homocysteine metabolism.

Vitamin B1, B6, B12, niacin, biotin and folates contribute to normal psychological function.

Vitamin B6 and B12 contribute to the normal formation of red blood cells and the normal functioning of the immune system.

Vitamin B2, B6, B12, niacin, pantothenic acid and folates help reduce tiredness and fatigue.

What is the recommended dosage of B-Complex 50 from Mederi Nut?

Take one tablet a day with half a glass of water.

What is the composition of B-Complex 50 from Mederi Nut?

- Bulking agent (microcrystalline cellulose).
- Betaine HCl.
- Choline bitartrate.
- Inositol.
- Thiamine hydrochloride (vitamin B1).
- Calcium D-pantothenate (pantothenic acid).
- Riboflavin (vitamin B2).
- Nicotinamide (niacin).
- Bulking agent (anhydrous dicalcium phosphate).

Prices valid except for changes on our website. (IVA/VAT) included. Doc. Version bf-trf-G-20241122
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- Pyridoxine hydrochloride (vitamin B6).
- AquaPolish® F red coating 044.236 (coating agent: hydroxypropylmethylcellulose, stabilizer: hydroxypropylcellulose, anti-caking agent: talc, rice starch, humectant: polyethylene glycol, colorants: red iron oxide and yellow iron oxide).
- Anti-caking agents (magnesium stearate and AEROSIL® 200 F (silicon dioxide)).
- Methylcobalamin (vitamin B12).
- Glucosamine salt of (6S)-5-methyltetrahydrofolic acid (folic acid).
- D-biotin (biotin).

What is the nutritional value of B-Complex 50 from Mederi Nut?

Ingredients	1 comp.	%VRN*
choline bitartrate	100.0mg	
Of which: hill	41.1mg	
Betaine	100.0mg	
Inositol	100.0mg	
Vitamin B1	50.0mg	4.545%
Vitamin B2	50.0mg	3.571%
Niacin	50.0 mg NE	313%
Pantothenic acid	50.0mg	833%
Vitamin B6	25.0mg	1.786%
Biotin	100.0 µg	200%
Folic acid	100.0µg	fifty%
B12 vitamin	50.0 µg	2,000%

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