

Vitoil Sea Evening Primrose Oil 150 Capsules 500 mg

EAN: 8410885077370 FABRICANTE: MARNYS



Pure evening primrose oil in capsules. The adult woman's ally.

DESCRIPTION

Mar-Vitoil contains **pure evening primrose oil** extracted from the seeds of *Oenothera biennis* by cold pressing, providing a minimum content of **10% gamma-linolenic acid (GLA)** and 68% linoleic acid, and natural vitamin E.

Gamma-linolenic acid (GLA) is a fatty acid of the **Omega 6 series**, produced by the **essential fatty acid linoleic acid**. GLA is rapidly incorporated into cell membranes in the form of phospholipids, participating in the formation of prostaglandins and metabolic pathways.

What is the method of use of Mar-vitoil de Onagra?

Take 1-2 capsules a day, preferably before meals.

What are the ingredients of Mar-vitoil de Onagra?

Evening Primrose Oil (*Oenothera biennis*) and Vitamin E.

Capsule composition : gelatin, glycerin and water.

ACTIVE INGREDIENTS	MAR-VITOIL per capsule	MAR-VITOIL PLUS per capsule	%VRN
Evening Primrose Oil*	500 mg	1050mg	?
Natural Vitamin E (d-?-tocopherol)	10mg	10mg	83

* Oil obtained from *Oenothera biennis* seeds by cold pressing.
%NRV (nutrient reference value)

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Mar-Vitoil is the ally for the **general well-being of contemporary adult women** .

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Properties of Mar-Vitoil ingredients

Evening Primrose Oil

The **fatty acid** content of Evening Primrose Oil (including **Omega 6 GLA**) provides elements for the structure of different tissues, in addition to its role in some metabolic pathways.

Evening Primrose Oil also contributes to the maintenance of normal **skin** (EFSA ON HOLD 695,1550).

Natural vitamin E

Vitamin E contributes to cellular protection from oxidative stress (EFSA). The vitamin E contained in **Mar-Vitoil** is natural (d-?-tocopherol).

Who is Mar-Vitoil recommended for?

Mar-Vitoil is an excellent supplement for those women who want **metabolic well-being** , as well as obtain antioxidant protection.

What are the advantages of Mar-Vitoil?

In the **Mar-Vitoil formulation**, Evening Primrose Oil is extracted by cold mechanical pressure. It is not

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subjected to high temperatures, nor are organic solvents used.

What is evening primrose and what is its use?

Evening primrose (*Oenothera biennis*) is a plant native to North America. Traditionally, it is used externally for the **skin** and internally for the **respiratory, osteoarticular** area and in the **female menstrual cycle**.

Properties of evening primrose oil

Evening Primrose Oil has been the subject of hundreds of scientific studies, which has led it to become **one of the most used botanical formulations today** , and **contains Omega-6 fatty acids**, mainly gamma-linolenic acid and linoleic acid, both main components of the tissues of the nervous system and blood vessels.

Gamma-linolenic acid (GLA) is a fatty acid of the Omega 6 series, produced by the essential fatty acid linoleic acid. GLA is rapidly incorporated into cell membranes in the form of phospholipids, participating in the formation of prostaglandins and metabolic pathways.

Advantages of evening primrose oil for women

Evening primrose oil has proven to be useful in clinical studies that assess:

- The **maintenance of normal skin**, since the contribution of fatty acids favors the lipid structure in the skin, especially the skin barrier.
- Due to the contribution of **fatty acids from Evening Primrose oil**, it can favor those metabolic routes where the production of **prostaglandins is involved**, which participate in the comprehensive **metabolic well-being** of adult women.

Is Mar-Vitoil suitable for vegans and vegetarians?

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Mar-Vitoil is not suitable for vegans.

Is Mar-Vitoil suitable for people intolerant or sensitive to gluten?

Yes, **Mar-Vitoil** is suitable for celiacs or people intolerant or sensitive to gluten.

How many capsules of Mar-Vitoil evening primrose oil should I take per day?

The recommendation on how to take **Mar-Vitoil** is detailed in the 'instructions for use' section above. The recommendation is to take 1 or 2 capsules a day, preferably before meals. The number of capsules to ingest daily is associated with the requirements regarding the woman's condition.

Can I take Mar-Vitoil together with other food supplements, vitamins or minerals?

Yes, **Mar-Vitoil** can be taken at the same time as other dietary supplements, vitamins and minerals. If you have any questions, consult your pharmacist.

How long can I take Mar-Vitoil evening primrose oil?

The general recommendation is to ingest **Mar-Vitoil** for a quarter and assess the results, and then continue intake if necessary.

