

Coconut Oil 900ml

EAN: 8410885087652 FABRICANTE: MARNYS



MARNYS® Coconut Oil is a 100% pure and natural oil to incorporate into our healthy eating habits in our daily lives.

DESCRIPTION

What is Coconut Oil and what is it for?

MARNYS® Coconut Oil is especially suitable for use in cooking and frying, keeping its properties and lauric acid content intact.

MARNYS® Coconut Oil contains a variety of medium-length fatty acids, with Lauric Acid being the most prominent, accounting for up to 50% of the oil's components.

Medium-length fatty acids are easier to process in the digestive system, as their absorption and transport require a shorter path compared to long fatty acids. Primarily, these fatty acids are used directly for energy, with lauric acid contributing the least to fat accumulation.

What properties does Coconut Oil have?

Marnys Coconut Oil is for food use. It is 100% pure. Free of genetic modifications. Does not contain gluten. And, it is appropriate for people following a vegan diet.

What is the composition of Coconut Oil?

100% coconut oil (*Cocos nucifera*). Contains between 44% and 50% lauric acid.

How is Coconut Oil used?

Ideal for dressing, cooking and frying instead of any other vegetable oil or butter.

