

Capilmar 60 Caps

EAN: 8470002125872 FABRICANTE: MARNYS



Hair repair and maintenance. With cystine, B vitamins, saw palmetto and marine collagen.

DESCRIPTION

CAPILMAR is a dietary supplement in capsules that intensely nourishes the hair follicle, promoting hair repair, thanks to the properties of its ingredients: sabal, marine collagen, cystine, biotin and minerals.

Properties of CAPILMAR capsules active ingredients

Sabal

Saw palmetto extract is rich in fatty acids, which act by inhibiting 5-alpha-reductase, which can affect hair repair. Saw palmetto helps normal hair growth and maintenance (EFSA On Hold 2341).

Collagen and keratin

They are key proteins within the structure of the hair follicle and hair. Collagen provides firmness and elasticity to the hair follicle; while keratin is the main protein in hair that provides strength, flexibility and shine to the hair.

Cystine and methionine

These are sulfur-containing amino acids that make up the structure of hair proteins. Cystine is the main amino acid in keratin, and methionine promotes its production. Its presence in the hair provides shine and texture.

B vitamins

Vitamins B6, B5, folate and biotin facilitate the energy metabolism of the hair follicle. Biotin participates in the hair growth process in association with cystine. Biotin contributes to the maintenance of hair in normal conditions (EFSA). The association of vitamins B6, B5 and folate favors the maintenance of keratin and the good condition of the hair follicle.

Minerals

Hair follicle cells are constantly growing, hence the importance of maintaining a good oxidative balance.

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The combination of zinc and selenium contributes to the protection of cells against oxidative damage (EFSA). Copper contributes to normal hair pigmentation (EFSA).

Who is CAPILMAR capsules recommended for?

CAPILMAR is a product recommended for men and women over 18 years of age who want to revitalize their hair, restoring firmness and shine.

Instructions for use

2 capsules, 1 time a day, preferably at night and before dinner.

What are the ingredients of Capilmar?

L-Cystine, Saw Palmetto (*Serenoa repens*) Powder Concentrate, Zinc Gluconate, L-Methionine, Bulking Agent (Microcrystalline Cellulose), Hydrolyzed Marine Collagen **[Fish]** , Anti-Caking Agent (Magnesium Stearate), Copper(II) Gluconate, Hydrolyzed Keratin, Vitamin B5 (Calcium Pantothenate), Vitamin B6 (Pyridoxine Hydrochloride), Vitamin B9 (Folic Acid), Vitamin B7 (Biotin) and Sodium Selenite.

Vegetable capsule composition: Hypromellose and colorant (red iron oxide).

ACTIVE INGREDIENTS FOR 2 CAPSULES %NRV

L-Cystine	400 mg	?
Sabal*	350 mg	?
L-Methionine	200 mg	?
Collagen	100 mg	?
Zinc	25 mg	250
Keratin	20 mg	?
Pantothenic acid	6.6 mg	110
Vitamin B6	5.4 mg	386
Copper	3 mg	300
Folic acid	750 ?g	375
Biotin	666 ?g	1332

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ACTIVE INGREDIENTS FOR 2 CAPSULES %NRV

Selenium	200 µg	364
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* Provides 17.5 mg of fatty acids.

%NRV (nutrient reference value).

When do you start to notice the results of taking CAPILMAR Capsules?

Studies carried out with the ingredients contained in CAPILMAR Capsules reveal positive effects after 3-4 months of use.

How long do I have to take CAPILMAR Capsules?

The duration of the product intake will depend on the condition of the hair. The general recommendation is to use it for a minimum period of 3 months and wait for the results to start again for another three months if necessary.

Can I take CAPILMAR Capsules with another food supplement or nutricosmetic?

CAPILMAR Capsules can be taken at the same time as other dietary supplements, vitamins and minerals. If you have any questions, consult your doctor or physician.

Are CAPILMAR Capsules suitable for vegans?

CAPILMAR Capsules are not suitable for vegans because they contain Marine Collagen.

Do CAPILMAR Capsules contain gluten?

CAPILMAR Capsules do not contain gluten, so they are suitable for celiacs.

Do CAPILMAR Capsules contain any allergens?

Yes, CAPILMAR Capsules contain fish-based ingredients.

Can pregnant or breastfeeding women take CAPILMAR Capsules?





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In the case of pregnant or breastfeeding women, consult your doctor or physician.

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<https://bio-farma.es> - info@bio-farma.es

C/ Vermell, 20 3r 3a - 17252
St. Antoni de Calonge (Girona) Spain



+34 696 79 77 77

