

Cannabis Hemp Seed Food Oil 125 ml

EAN: 8410885071132 FABRICANTE: MARNYS



MARNYS® Hemp Seed Oil is rich in Omega 6 and Omega 3 essential fatty acids. It benefits the cardiovascular system, regulates glucose, supports the immune system and has an anti-inflammatory effect. Its raw consumption is recommended, adding it to salads, toasts or other recipes to enjoy its healthy properties. It is suitable for vegans.

DESCRIPTION

What is Cannabis Hemp Seed Food Oil and what is it for?

MARNYS® Hemp Seed Oil is a vegetable oil extracted by cold pressing from the seeds of Cannabis sativa. It is rich in essential fatty acids such as linoleic acid (Omega 6, with a minimum content of 59%) and γ -linolenic acid (Omega 3, with a minimum content of 14%).

These fatty acids are important for the nervous and cardiovascular systems, as well as being precursors of other essential fatty acids such as DHA-EPA and gamma-linolenic acid.

The oil has an optimal relationship between Omega 6 and Omega 3, which benefits the cardiovascular system and helps control cholesterol and triglyceride levels. It also regulates glucose metabolism in people with diabetes, supports the immune system and has an anti-inflammatory effect.

Hemp Oil is pale yellow in color, with a taste and smell similar to hazelnut, but slightly spicy. It is suitable for vegans and it is recommended to consume it raw, it is not suitable for cooking. You can add a tablespoon to salads, toasts, broths or other recipes to enjoy its beneficial Omega fatty acids.

What is the composition of Cannabis Hemp Seed Food Oil?

Hemp seed oil (*Cannabis sativa*). **does not contain THC**

How is the Cannabis Hemp Seed Food Oil used?

Take 2-3 times a day a tablespoon before meals, or added to salads, soups, sauces, etc.

It is also recommended for external use.

