

Bio Coconut Oil Bottle 350 g

EAN: 8410885084897 FABRICANTE: MARNYS



Virgin coconut oil is 100% Natural from first cold pressure, being the ideal substitute for any vegetable oil, margarine or butter.

DESCRIPTION

What is Bio Bote Coconut Oil and what is it for?

It is the ideal substitute for any vegetable oil, margarine or butter. Ideal for cooking, baking, frying or dressing salads and vegetables.

MARNYS® Virgin Coconut Oil is obtained by processing fresh coconut meat, which is first dried and then cold-pressed to extract the oil. This process is done without resorting to chemical methods such as refining, bleaching or deodorizing.

Among the medium-length fatty acids present in natural coconut oil, Lauric Acid stands out. In MARNYS® Virgin Coconut Oil, the concentration of Lauric Acid can reach 53%. It is important to note that this particular fatty acid, Lauric Acid, has the least impact on fat accumulation.

What properties does Bio Bote Coconut Oil have?

- 100% Biological, Pure and Natural.
- Cold pressed.
- Up to 53% Lauric Acid.
- No added sugars.
- No additives or artificial colors.
- Without preservatives.
- Unrefined.
- No nuts.
- Without dairy protein.
- Without gluten.
- Low sodium content.
- without egg.
- No Soy.



Bio Coconut Oil Bottle 350 g

EAN: 8410885084897 FABRICANTE: MARNYS



What is the composition of Bio Bote Coconut Oil?

100% virgin coconut oil (*Cocos nucifera*), obtained by cold pressing.

How is Bio Bote Coconut Oil used?

Add it to your smoothies, either to sweeten them or enhance their flavor with the rest of the ingredients. Remember, it has satiating property.

Use it directly on the toasted bread, spreading it as if it were a margarine (coconut oil solidifies below 25º, without affecting its quality. If you want to blend it, just place the container under running water hot) or spreading it on the bread, like any vegetable oil.

Substitute the olive oil for MARNYS® Virgin Coconut Oil in any of your sweets, such as the traditional yogurt cake, and you will see how you repeat.

