

## Beauty In Out Elixir 14 Vials of 25 ml

EAN: 8470002008014    FABRICANTE: MARNYS



*Beauty In Out Elixir is a nutricosmetic supplement in a drinkable vial format, with a high concentration of Hydrolyzed Collagen, Hyaluronic Acid, Grape Seeds, Vitamins and Minerals. Its ingredients act to reduce the signs of aging by attenuating expression lines, providing hydration and firmness to the skin of the face, neck and neckline, and shine to hair and nails.*

### DESCRIPTION

#### Properties of Beauty In & Out Elixir active ingredients

The **exclusive formula** of **Beauty In & Out Elixir** provides a high concentration of Hydrolyzed Collagen Type I (5 g per vial), Hyaluronic Acid, Grape seeds (95% OPCs), vitamins and minerals.

These active ingredients **act from the inside** so that their effects are reflected on the outside:

- **Vitamin C:** Contributes to cellular protection from oxidative damage, to the normal formation of collagen in the skin, and to the normal functioning of the immune system.
- **Hydrolyzed collagen (5 g) and hyaluronic acid:** They provide proteins that are a natural part of the structures and textures of skin, hair and nails, for their elasticity.
- **Grape seeds: Grape seeds** (95% OCPs) are very rich in polyphenols, specifically anthocyanins, flavonols and proanthocyanidins as flavonoids, which have demonstrated antioxidant activity and also revitalizing effects on the skin.
- **Vitamin A:** Contributes to the normal maintenance of the skin and mucous membranes, to the normal metabolism of iron and to the normal function of the immune system.
- **B vitamins: Vitamin B2 (riboflavin) , Vitamin B3 (niacin or niacinamide) and Vitamin B7 (biotin)** contribute to the normal maintenance of skin and mucous membranes. Biotin (vitamin B7) also contributes to the normal maintenance of hair. **Vitamin B5 (pantothenic acid)** contributes to the normal production and metabolism of vitamin D. **Vitamins B6 and B12** contribute to normal energy-yielding metabolism, the reduction of tiredness and fatigue and to the normal function of the



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immune system.

- **Vitamin E:** **Vitamin E** contributes to cellular protection from oxidative damage.
- **Zinc** and **Selenium:** Contribute to the normal maintenance of hair and nails.

### Who is Beauty In & Out Elixir recommended for?

**Beauty In & Out Elixir** is perfect for those who want to show off **youthful-looking skin, hair and nails** and dazzling beauty.

It is also recommended for times when we need **extra vitality for our skin and hair** : seasonal changes, stress, high sun exposure, and as a complement when using other cosmetic methods for the beauty of the skin and hair.

### Instructions for use

1 vial, 1 time a day, preferably in the morning.

### What are the ingredients in Beauty In & Out Elixir?

Purified water, hydrolyzed collagen, vitamin C, grape seed powder concentrate ( *Vitis vinifera* ), niacin, hyaluronic acid, vitamin E, zinc gluconate, pantothenic acid, vitamin B6, riboflavin, vitamin A, sodium selenite, biotin, vitamin B12, preservatives (potassium sorbate and sodium benzoate), sweetener (sucralose), acidity regulator (citric acid) and flavor.

### ACTIVE INGREDIENTS BY ROAD %NRV

Hydrolyzed Collagen	5000 mg	?
Vitamin C	80 mg	100
Grape Seeds (95% OPC)	40 mg	?
Niacin (B3)	16 mg	100
Hyaluronic Acid	12.5 mg	?
Vitamin E	12 mg	100

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### ACTIVE INGREDIENTS BY ROAD %NRV

Zinc	10 mg	100
Pantothenic acid (B5)	6 mg	100
Vitamin B6	1.4 mg	100
Riboflavin (B2)	1.4 mg	100
Vitamin A	800 ?g	100
Selenium	50 ?g	90
Biotin	30 ?g	60
Vitamin B12	2.5 ?g	100

%NRV (Nutrient Reference Value)

### When do you start to see the results of Beauty In & Out Elixir for a #PielazoMarnys?

The formulation of **Beauty In & Out Elixir** contains a combination of Hydrolyzed Collagen, Grape Seeds, Hyaluronic Acid, vitamins and minerals. Studies carried out with the intake of 5 g of collagen reveal positive effects after 4 weeks of use.

### How long do I have to take Beauty In & Out Elixir?

The duration of taking the product will depend on the condition of your skin, hair and/or nails. The general recommendation is to use it for a minimum period of 4 weeks to 3 months and wait for the results to start again for another trimester if necessary.

### Can I take Beauty In & Out Elixir together with Beauty In & Out Capsules?

Yes, the recommendation is as follows:

1. Start taking **Beauty In & Out Elixir** for at least **4 weeks** .
2. After observing the results, continue with **Beauty In & Out Capsules** to maintain the positive effects, for at least 1 trimester and then validate the results, to continue with this format.

### Is Beauty In & Out Elixir suitable for diabetics?

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Yes, it is suitable for diabetics.

### Is Beauty In & Out Elixir suitable for vegans?

**Beauty In & Out Elixir** is not suitable for vegans.

### Does Beauty In & Out Elixir contain gluten?

**Beauty In & Out Elixir** is gluten-free, making it suitable for celiacs.

### What is the origin of the collagen in Beauty In & Out Elixir?

**Beauty In & Out Elixir** collagen is of bovine origin and is Halal certified.

### Can pregnant or breastfeeding women take Beauty In & Out Elixir?

In the case of pregnant or breastfeeding women, consult your doctor or physician.

### Can I take Beauty In & Out Elixir together with another food supplement or nutricosmetic?

Yes, **Beauty In & Out Elixir** can be taken at the same time as other dietary supplements, vitamins and minerals. If you have any questions, please consult your doctor or physician.

### What is 'In & Out' nutricosmetics?

The concept of 'In & Out' refers to taking care of yourself inside and out. The use of nutricosmetics is undoubtedly positive, always as a complement to a balanced diet.

