

EAN: 8470002008199 FABRICANTE: MARNYS



Collagen and Chondroitin. Artrohelp Forte MARNYS. Drinkable vial. Nourishes bones and joints for mobility, flexibility and elasticity. Drinkable vials with collagen, glucosamine, chondroitin, hyaluronic acid and vitamins.

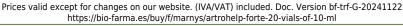
DESCRIPTION

Artrohelp Forte is a supplement in convenient drinkable vials that **nourishes cartilage, joints and bones** for their **mobility, flexibility and elasticity,** thanks to its exclusive combination of Hydrolyzed Collagen (collagen peptides), Hyaluronic Acid, Omega 3, Glucosamine, Chondroitin, Rosehip, Nettle, Calcium and vitamins D3, K2 and E.

Properties of the ingredients of Artrohelp Forte

- Hydrolyzed Collagen, Hyaluronic Acid and Omega 3. Hydrolyzed Collagen, Hyaluronic Acid and Omega 3 provide proteins and lipids that are part of the cartilage and bone structures, for their elasticity and lubrication.
- Rosehip. Rosehip provides a high content of vitamins such as Vitamin C (250 mg) which contributes to the normal formation of collagen for the normal function of cartilage and bones, and to cell protection from oxidative damage (EFSA).
- **D-glucosamine and chondroitin.** D-glucosamine and chondroitin are key components in the structure of cartilage, and are also involved in the production of other substances that ensure **firmness and lubrication** within **the osteoarticular system.**
- **Nettle.** Nettle (minimum silica content of 7%) has an important use for **joints** as described in the monographs of the **German Commission E** and the **EMA** .
- Calcium, vitamins E, K2 and D3. Vitamin E contributes to cell protection against oxidative damage (EFSA). Calcium and vitamins K2 and D3 contribute to the maintenance of normal bones







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Who is Artrohelp Forte recommended for?

Artrohelp Forte is an excellent supplement for people who want to maintain their osteoarticular system (bones and joints) for their mobility, flexibility and elasticity.

Advantages of Artrohelp Forte

Collagen drinkable vials for bones and joints

The **single-dose drinkable vial format of Artrohelp Forte** is an innovative, convenient and safe format that provides a high number of ingredients and ensures their stability throughout the product's shelf life.

- Convenient format in single-dose drinkable vials.
- Easy to take and carry.
- Sweetened with stevia. Suitable for diabetics.

Instructions for use:

• Take 1 vial daily.

Ingredients:

Deionized water, hydrolyzed collagen, D-glucosamine sulfate, chondroitin sulfate, rosehip powder concentrate (*Rosa canina*), calcium carbonate, nettle powder concentrate (*Urtica dioica*), **fish** oil, sodium hyaluronate, vegetable glycerin, vitamin E, vitamin K2, vitamin D3, sweetener (steviol glycosides), preservative (potassium sorbate) and natural flavor.

ALLERGEN: Contains fish-based ingredients.





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ACTIVE INGREDIENTS	BY ROAD	%NRV
Hydrolyzed collagen	500 mg	•
D-glucosamine sulfate	500 mg	•
Chondroitin sulfate	500 mg	•
Hip*	500 mg	•
Nettle	100 mg	•
Fish oil (omega 3)	100 mg	•
Calcium	50 mg	•
Hyaluronic acid	25 mg	•
Vitamin E	9 mg	75
Vitamin K2	56.2 μg	75
Vitamin D3	5 μg	100

^{*}Provides 250 mg of Vitamin C, equivalent to 312.5% NRV %NRV (nutrient reference value)

This product should not be consumed by pregnant or breastfeeding women, or by children.

- Food supplements should not be used as a substitute for a balanced diet.
- It is advisable to follow a varied and balanced diet and a healthy lifestyle.
- Do not exceed the recommended daily dose.
- Keep out of reach of children.
- Do not store at a temperature above 30°C.

Presentation:

Vials 20 X 10 ml





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FREQUENTLY ASKED QUESTIONS ABOUT ARTROHELP FORTE

Can I take Artrohlep Forte for joint discomfort?

Artrohelp Forte is a dietary supplement that promotes mobility, flexibility and elasticity of cartilage, bones and joints. If you have any questions, you can consult your doctor or physician.

How to take Artrohelp Forte together with Mialtrim?

If you want to take **Artrohelp Forte** and **Mialtrim** to maintain the musculoskeletal system, the recommendation is as follows:

- Take 2 capsules a day (one in the morning and one at night) of **Mialtrim** .
- In the afternoon, take 1 vial a day of **Artrohelp Forte** .

Is Artrohelp Forte suitable for vegans and vegetarians?

Artrohelp Forte is not suitable for vegans as it contains fish-based ingredients.

Is Artrohelp Forte suitable for diabetics?

Yes, **Artrohelp Forte** is suitable for diabetics. If you have any questions, please consult your doctor or physician.

Is Artrohelp Forte suitable for people with gluten intolerance or sensitivity?

Artrohelp Forte is suitable for celiacs or people who are intolerant or sensitive to gluten.

Is Artrohelp Forte suitable for people who are sensitive to soy?

Yes, **Artrohelp Forte** is suitable for people sensitive to soy.

Is Artrohelp Forte suitable for pregnant or breastfeeding women?

Artrohelp Forte should not be taken by pregnant or breast-feeding women. If you have any questions,







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consult your doctor or physician.

Can I take Artrohelp Forte together with other dietary supplements, vitamins or minerals?

Artrohelp Forte can be taken at the same time as other dietary supplements, vitamins and minerals. If you have any questions, please consult your doctor or physician.

How long can I take Artrohelp Forte?

The general recommendation is to take **Artrohelp Forte** for a quarter of a year and evaluate the results, and then continue taking it if necessary. If you have any questions, consult your doctor or physician.

TO KNOW MORE:

Hydrolyzed collagen for bones and joints

Collagen is a fibrous protein whose properties control the arrangement, assembly, integrity and mechanical properties in the human body. Among the large number of collagen types, **type I collagen** is the most abundant and is present in bones, cartilage, tendons and joints.

What happens when the functionality of the osteoarticular system is affected?

There are factors that can alter the composition of collagen, affecting its functionality, such as: aging, lifestyle, sports injuries, work injuries, accidents, etc.

Collagen fibers become thicker and much shorter, resulting in a loss of type I collagen, which alters the ratio of collagen types, and also decreases hyaluronic acid, resulting in a decrease in elasticity, moisture and flexibility.

Joints become stiffer, limiting range of motion . **Thinning of the cartilage also occurs,** which can make the joint less strong and more susceptible to damage.

In the case of **bones**, bone density decreases, which increases **fragility** and makes them more likely to break, especially in old age.

References:





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