

## 7 V Energy Shots 30 Vials of 25 ml

EAN: 8410885086631 FABRICANTE: MARNYS



*Natural stimulant that contains caffeine, Korean ginseng, theobromine, magnesium and seven B vitamins. It is used to improve physical performance, concentration and mental alertness.*

### DESCRIPTION

#### What is 7 V Energy Shots and what is it for?

7V Energy Shot contains all-natural caffeine at a dose of 200mg, in line with EFSA 2011 recommendations that doses above 75mg increase alertness and attention. Caffeine generates a state of alertness and vigilance that impacts attention and bodily coordination.

The stimulant complex is composed of Korean Ginseng and Theobromine in a concentration of 300 mg. **Ginseng** improves concentration and mental coordination, improving physical performance, according to studies by EFSA ON HOLD 2809, 2808, 2672. Korean Ginseng (*Panax ginseng*) has traditionally been used in oriental medicine, especially in Korea, China and Japan, to revitalize the body and mind, increasing physical strength and stamina.

**Theobromine** is a xanthine extracted from the fruit of the cocoa tree and is a precursor to caffeine. The amount of Theobromine in chocolate varies according to its purity, being higher in dark chocolate.

The product also contains **Biotin and Niacin**, which contribute to the normal functioning of the nervous system, while vitamin B5 favors mental performance and the production of neurotransmitters, according to EFSA studies.

Biotin (B7), Niacin (B3) and Pantothenic Acid (B5) also contribute to normal energy metabolism, according to EFSA.

In addition, Niacin, vitamin B5 and Magnesium help reduce tiredness and fatigue, according to EFSA studies.

**Magnesium** also plays a role in normal muscle function, psychological function and electrolyte balance, according to the EFSA.

Finally, **Taurine** is present, an amino acid that can be obtained through the diet or produced in the body from the amino acids methionine and cysteine. It is found in high concentrations in the liver, muscles, and cells of the immune system.



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### What are the ingredients of 7 V Energy Shots?

**INGREDIENTS Per vial:** Purified water, fructose, taurine, defatted cocoa powder, magnesium citrate, ginseng extract ( *Panax ginseng* ), natural caffeine, riboflavin (vitamin B2), niacin (vitamin B3), pantothenic acid (vitamin B5), vitamin B6, biotin (vitamin B7), folic acid (vitamin B9), vitamin B12, natural flavor (hazelnut), sweetener (sucralose), thickener (xanthan gum) and preservative (potassium sorbate). Contains caffeine (200 mg/vial).

### What flavor do the vials of 7 V Energy have?

Natural cocoa and hazelnut flavor.

### What is the dosage of 7 V Energy Shots?

Take 1 vial (25 ml) daily for maximum energy. Do not exceed 1 vial per day (200 mg of caffeine). Shake well before use.

### Does 7 V Energy Shots have any contraindications?

Not recommended for children or pregnant women.

