

## Son Rie Plus 60 Capsules

EAN: 8436015141018 FABRICANTE: MAHEN



*Don't let anxiety get you down. This supplement helps you manage your pace of life better, helping to maintain emotional balance and contributing to mental relaxation, thanks to its components.*

### DESCRIPTION

**Content:** 60 capsules of 420 mg each.

**Directions for use:** Take 3 capsules a day. One before breakfast, one before lunch and one before dinner. Our products are natural and can be combined with each other, allowing you to take several at a time.

### Daily dose:

Amount provided per daily dose	3 capsules
Hawthorn (Crataegus monogyna Jacq 2.86% flavononides)	150 mg
Mellisa (Mellisa officinalis L.>4% rosmarinic acid)	150 mg
Valerian (Valeriana repens Host. (=Valeriana officinalis auct. non L.) >0.4% essential aromas, >0.1% valeric acid)	150 mg
Orange blossom (Citrus aurantium L.spp. amara >1.5% flavonoids)	150 mg
Linden (Tilia platyphyllos Scop. > 0.5% rutine)	150 mg
Poppy dry extract (Papaver rhoeas L.>1% anthocyanosides)	30 mg

### Ingredients:

#### Hawthorn:



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- It has calming and antispasmodic properties.
- It acts as a relaxant, helping you rest.
- Helps lower blood pressure.

### Balm:

- It has antispasmodic properties.
- Promotes sleep and rest.
- It helps to have a better digestion by calming nausea.

### Orange blossom:

- It has a calming effect on the mood, helping to reduce anxiety, stress and nervousness.
- Reduces stress and promotes relaxation.

### Poppy:

- It has a powerful calming effect.
- It is rich in vitamins and minerals.
- Helps calm the nervous system.

Gelatin (empty capsule), hawthorn ( *Crataegus monogyna Jacq.* ), lemon balm ( *Melissa officinalis L.* ), valerian ( *Valeriana officinalis auct. non L.* ), orange blossom ( *Citrus aurantium L.* ), lime blossom ( *Tilia platyphyllos Scop.* ), bulking agent (maltodextrin), dry extract of poppy ( *Papaver rhoeas L.* ), anti-caking agent (dioxide silicon).

