

AMINOTAURIN 60 Caps

EAN: 8429007036072

FABRICANTE: LAVIGOR



Aminotaurin is a food supplement based on amino acids that work against physical and mental exhaustion.

DESCRIPTION

Aminotaurin from Lavigor is an amino acid supplement. Taurine, in combination with other amino acids, stimulates the immune system, improves physical performance and shortens the recovery period after exercise. Glutamic acid is the excitatory neurotransmitter par excellence of the human cerebral cortex, and it plays an important role in cell maintenance and growth. It participates in such important functions of the brain as **memory** and **learning**. Aspartic acid plays a fundamental role in the energy cycle of our body and is a valuable supplement to increase resistance to **fatigue**.

What dose should I take of Aminotaurin de Lavigor?

Lavigor's Aminotaurin is taken orally. Take one capsule a day in the morning, with a glass of water.

