

# **Vitex Agnus Castus 60 Tablets**

EAN: 5055148403072 FABRICANTE: LAMBERTS



Vitex Agnus-Castus, often called vitex or chasteberry, is a shrub native to the Mediterranean basin.

#### **DESCRIPTION**

Its modern use dates back to the 1950s, when the German firm *Madaus Company* first produced a standardized extract of this plant.

In recent years this plant has gained great popularity due to the multiple published studies that document its important properties.

Vitex berries are used to prepare the extract used in herbal medicine and contain a wide range of active compounds, including flavonoids and a group of compounds called iridoids, which include aucubin and agnuside.

Vitex from LAMBERTS <sup>®</sup> is a standardized extract equivalent to 1000 mg of dried vitex fruits. It is 0.5% agnosides which is equivalent to 0.98 mg in 200 mg of extract. Vitex can be used in conjunction with other dietary supplements such as vitamin B6 and evening primrose oil.

Few companies produce all their herbal products in extract form, but at LAMBERTS® we think it is essential to do so. So while the "whole herb" alternative sounds great, it is simply the dried plant material, which will provide mostly fiber and few active ingredients (and that is if it can be digested). LAMBERTS® herbs are concentrated, soluble and a guarantee of safety and efficacy.

### Oval tablet with grey/green coating.

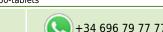
## Each tablet provides:

Vitex agnus castus 1000 mg (provides 200 mg 5:1 extract)

### **Tableted / Encapsulated with:**

See product label.

### **Disintegration time:**







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Less than 1 hour.

## Suitable for vegetarians

## Allergen note

The following list of allergens are excluded: wheat, barley, soya, eggs, milk (and dairy products), lactose, nuts, sulphites, celery, fish, shellfish, yeast and gluten.

### **Precautions**

This product is not recommended for pregnant or breastfeeding women.

## **Storage instructions**

Store in a cool, dry place, protected from light and out of the reach of young children.

## Instructions for use:

- Take 1 tablet daily with food.
- Do not exceed the expressly recommended daily dose.
- One container lasts: 60 days.

