

# Vitamin C 1500mg with Bioflavonoids 120 Tabs

EAN: 5055148403119 FABRICANTE: LAMBERTS



Vitamin C 1500 mg. Sustained Release 120 Tablets. With Bioflavonoids and Rose Hips. Supports normal psychological function and more.

#### **DESCRIPTION**

Vitamin C was discovered in 1932, and was the subject of the first controlled nutritional experiment in the documented history of medicine. It is known to be involved in at least 300 biochemical processes in the body. This vitamin is water-soluble and, since humans are unable to produce it, it must be ingested daily.

Vitamin C is important because:

It contributes to the normal functioning of the immune system and nervous system.

It contributes to the normal formation of collagen for the normal functioning of blood vessels, cartilage, bones, gums, teeth and skin.

It promotes energy metabolism and improves iron absorption.

It contributes to normal psychological function and to the protection of cells from oxidative damage.

It helps reduce tiredness and fatigue, and regenerates the reduced form of vitamin E.

LAMBERTS® Vitamin C 1500mg tablets provide adequate levels of vitamin C for those who have a dietary deficiency of this nutrient. These tablets also contain a relevant level of bioflavonoids, known to facilitate the absorption of vitamin C and have specific effects on strengthening capillary vessels. These bioflavonoids include rutin, quercetin, citrin and hesperidin.

For optimal results, vitamin C should be taken in small amounts throughout the day and night, as it is rapidly eliminated from the body. However, this is not always possible, which is why we have formulated sustained-release vitamin C tablets.

These tablets are produced through a special process, which retains the nutrient in spherical microcapsules, allowing for a slow release (sustained release) of the same once ingested. This means that the absorption of vitamin C is a continuous process, as the release is gradual, over 4-8 hours.

Sustained Release Formula.

Oval tablet with clear coating with beige speckles.

Each tablet provides:



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Vitamin C 1500 mg Rosehip Powder 15 mg Citrus Bioflavonoid Complex 60 mg Tableted / Encapsulated with:

See product label.

These sustained-release tablets have been formulated to release their contents gradually over a longer period of 4 to 8 hours.

Suitable for vegetarians and vegans and free of lactose and gelatin.

#### Allergen note

The following list of allergens are excluded: wheat, barley, soya, eggs, milk (and dairy products), lactose, nuts, sulphites, celery, fish, shellfish, yeast and gluten.

Contains Citrus.

### **Precautions**

More than 1000mg of Vitamin C may cause mild stomach upset in sensitive individuals.

## Storage instructions

Store in a cool, dry place, protected from light and out of the reach of young children.

### **Instructions for use:**

- Take 1 tablet daily with a meal.
- Do not exceed the expressly recommended daily dose.
- One container lasts: 120 days.

