

# **Ubiquinol 60 Tablets**

EAN: 5055148412951 FABRICANTE: LAMBERTS



Ubiquinol 100 mg is the reduced active form of Coenzyme Q10. It helps with energy production and antioxidant action.

### DESCRIPTION

Ubiquinol is the reduced, active form of Co-enzyme Q10 (ubiquinone), and as such, is critical to the cellular energy production cycle (ATP-adenosine triphosphate). Without the presence of both within the body's cells, cellular energy cannot be generated or sustained.

Ubiquinol is a fat-soluble enzyme that works in unison with mitochondria (in cells) to produce energy. It is also a powerful antioxidant with the ability to regenerate other antioxidants such as tocopherol (Vitamin E) and ascorbic acid (Vitamin C).

Until recently, the only way to increase ubiquinol levels in the body was by converting it from Co-enzyme Q10, which research has shown is becoming increasingly difficult with age.

Co-Enzyme Q10 will continue to be an important supplement for many. However, the formula, Ubiquinol, will be of greater importance for those 40 years of age and older. Studies show that ubiquinol is absorbed more quickly than ubiquinone.

Available in small, easy-to-take capsules, LAMBERTS® Ubiquinol is derived from Co-Enzyme Q10, which is bio-identical to the Co-Enzyme Q10 produced within the body.

Black soft capsule.

### Each capsule provides:

Ubiquinol 100 mg

### **Disintegration time:**

Less than 30 minutes.

Prices valid except for changes on our website. (IVA/VAT) included. Doc. Version bf-trf-G-20241219 https://bio-farma.es/buy/f/lamberts/ubiquinol-60-tablets







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### Allergen note

The following list of allergens are excluded: wheat, barley, soya, eggs, milk (and dairy products), lactose, nuts, sulphites, celery, fish, shellfish, yeast and gluten.

### Precautions

This product is not recommended for pregnant or breastfeeding women.

#### Instructions for use

Take 2 capsules daily with a meal for the first two weeks.

Subsequently, take 1 capsule daily with a meal.

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