

St. John's Wort St. John's Wort 120 Tablets

EAN: 5055148403966 FABRICANTE: LAMBERTS



Natural food supplement for depression.

DESCRIPTION

St. John's Wort, also known as *Hypericum perforatum*, is a perennial plant native to many parts of the world, including Europe and the United States. Its name comes from the fact that it flowers around the feast of St. John.

In the Middle Ages it was a plant used for certain mental disorders. This plant prefers sunny places and has numerous bright yellow flowers.

Vegetables provide an infinite number of phytochemical compounds, which are still completely unknown today. Their best ingestion and effectiveness is recommended in the form of high-potency, high-quality standardized extracts.

It is currently one of the most widely used herbs in the UK and Germany, even covered by the healthcare system.

One of the most important compounds found in St. John's Wort is hypericin, which is the compound used as a standardization marker in the extract of our product, with each tablet providing 1000 µg of hypericin.

Caution: To avoid photosensitivity, do not expose yourself to strong sunlight while consuming this nutrient.

Oval yellow coated tablet.

Each tablet provides:

St. John's Wort	1332 mg
(provides 333 mg of 4:1 extract)	
providing Hypericin	1000 µg

Allergen note

The following list of allergens are excluded: wheat, barley, soya, eggs, milk (and dairy products), lactose,





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nuts, sulphites, celery, fish, shellfish, yeast and gluten.

Precautions

This product is not recommended for pregnant or breast-feeding women. People taking any medication (including the contraceptive pill) should consult their doctor or pharmacist before taking St. John's Wort, as it may interfere with its mode of action.

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Instructions for use


Take 1 tablet daily.

Do not exceed the expressly recommended daily dose.

Prices valid except for changes on our website. (IVA/VAT) included. Doc. Version bf-trf-G-20241218
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