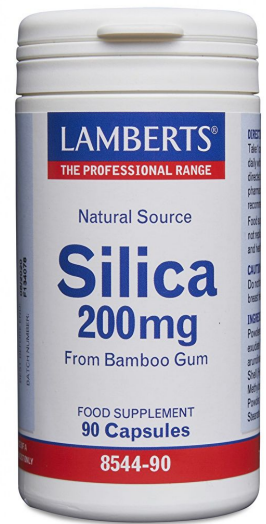


## Silicon 90 Capsules

EAN: 5055148400262 FABRICANTE: LAMBERTS



*Silicon 200 mg over 90% Organic Silicon from Bamboo Gum. From natural bamboo gum*

### DESCRIPTION

Although silicon (silicon dioxide) is found only in trace amounts in the body, it is present in almost all structurally strong tissues such as arteries, tendons, trachea, skin, connective tissue, hair, cornea and nails.

Tissues such as the liver, kidneys, and blood contain very little silicon. Collagen, the tough substance that binds tissues together, contains a large amount of silicon.

Although there is no recommended daily allowance for silicon, most nutritionists agree that a daily intake in our diet is important. Good dietary sources of silicon are cereals such as oats, barley and rice, but refining processes can strip much of this mineral away.

LAMBERTS® Silicon is derived from natural bamboo gum and is one of the strongest available in the UK. It contains around 90% organic silicon, which is more than 10 times the level found in the widely used horsetail plant, where the level is as low as 5-7%.

- A natural source of silicon.
- Higher concentration than most silicon products on the market.
- Frequently recommended for good skin condition.

White crystalline powder in a clear hard capsule.

### Each capsule provides:

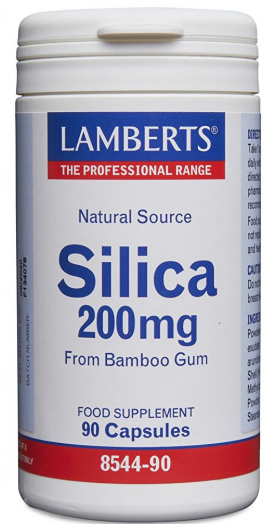
Bamboo Gum Powder	266 mg
Contributing:	
Silicon	200 mg

Prices valid except for changes on our website. (IVA/VAT) included. Doc. Version bf-trf-G-20241222  
<https://bio-farma.es/buy/ff/lamberts/silicon-90-capsules>



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### Disintegration time:

Less than 30 minutes.

Suitable for vegetarians and vegans and free of lactose and gelatin.

### Instructions for use

The intake of this product is 1 to 3 capsules per day with meals as desired by the consumer, or as advised by the Health Professional. The intake of 1 capsule per day is reflected in the Instructions for Use table.

### Allergen note

The following list of allergens are excluded: wheat, gluten, barley, soya, eggs, milk and dairy products, lactose, nuts, sulphites, celery, fish, shellfish and yeast.

### Precautions

This product is not recommended for pregnant or breastfeeding women.

