

Siberian Ginseng 60 Tablets

EAN: 5055148402778 FABRICANTE: LAMBERTS



Asthenia (more commonly known as fatigue) is a feeling of general weakness, both physical and intellectual, whose most frequent symptoms consist of: alterations in general condition, muscle and joint pain, difficulty concentrating, memory disorders, mood swings, sleep disturbances and decreased libido, among other symptoms. In most cases, this fatigue has a very clear cause and is not serious.

DESCRIPTION

Unlike *Panax ginseng*, Siberian ginseng does not contain ginsenosides and is therefore considered a "milder" preparation.

The key components of Siberian ginseng are a broad group of active compounds called eleutherosides. Seven major eleutherosides have been identified, with most studies focusing on eleutherosides B and E, which play a key role in immune function.

These substances are often used as markers during the standardisation process. At LAMBERTS® we are in favour of standardised extracts, as the extraction and concentration procedures ensure that the plant product is much more potent than products based on the whole powdered plant, where nothing is done to concentrate the active compounds. In this LAMBERTS® product we use an extract that guarantees the level of these important compounds.

Each tablet provides 115 mg of extract, obtained from over 1500 mg of dried plant material and is therefore estimated to be up to 15 times more potent than a product containing just 115 mg of powdered plant material. These tablets are small and coated so they have no bad taste and are also easy to swallow.

Round tablet with green coating.

Each tablet provides:

Siberian Ginseng	1500 mg
(as 115 mg of a 13:1 extract)	
Contributing:	
Eleutheroside B	231 ?g
Eleutheroside E	577 ?g



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Suitable for vegetarians.

Allergen note

The following list of allergens are excluded: wheat, gluten, barley, soya, eggs, milk and dairy products, lactose, nuts, sulphites, celery, fish, shellfish and yeast.

Precautions

This product is not recommended for pregnant or breastfeeding women.

Instructions for use

Take 1 tablet daily with food.

Do not exceed the expressly recommended daily dose.

