

## Saw Palmetto Ectract 160mg 60 Softgels

EAN: 5055148412920 FABRICANTE: LAMBERTS



*Food supplement that serves as a tonic, expectorant and antiseptic. Traditionally it has also been used for male problems.*

### DESCRIPTION

#### What is Lamberts Saw Palmetto and what is it for?

Lamberts Saw Palmetto is a natural food supplement, each capsule provides Saw Palmetto berry oil extract.

Vegetables contain numerous phytochemical compounds that are not yet fully understood today. It is recommended to consume them in the form of standardized extracts of high potency and quality to obtain an optimal and effective ingestion.

The Saw Palmetto (*Serenoa repens*) is a species of small palm tree found in North America. It gets its name from the spiny, saw-toothed stems found at the base of each leaf. The extract is obtained from the dark berries of the plant, which are generally harvested between August and September.

This plant has long been used by the Seminole Indians and the Maya as a tonic, expectorant, and antiseptic. It has also been used traditionally to treat male problems.

Each capsule contains a total of 160 mg of saw palmetto berry oil extract (equivalent to 1440 mg of powdered berry) with a fatty acid to sterol ratio of 85-95%. Prostex® is a concentrated extract that provides levels equivalent to those used in relevant scientific studies.

#### What is the recommended daily dose?

Take one capsule daily with a glass of water and with food.

#### Should I take precautions before taking Lamberts Saw Palmetto?

This product is not recommended for pregnant or lactating women.

