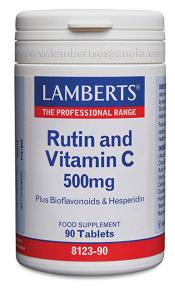


Rutin, Vitamin C and Bioflavonoids 90 Tablets

EAN: 5055148403553 FABRICANTE: LAMBERTS



Rutin and Vitamin C 500 mg with Bioflavonoids and Hesperidin. Nervous system support. Natural citrus bioflavonoids

DESCRIPTION

Vitamin C was discovered in 1932, and was the subject of the first controlled nutritional experiment in the documented history of medicine. It is known to be involved in at least 300 biochemical processes in the body. This vitamin is water-soluble and, since humans are unable to produce it, it must be ingested daily.

Vitamin C is important because:

- It contributes to the normal functioning of the immune system and nervous system.
- It contributes to the normal formation of collagen for the normal functioning of blood vessels, cartilage, bones, gums, teeth and skin.
- It promotes energy metabolism and improves iron absorption.
- It contributes to normal psychological function and to the protection of cells from oxidative damage.
- It helps reduce tiredness and fatigue, and regenerates the reduced form of vitamin E.

Vitamin C and bioflavonoids are normally found together in nature. One of the richest sources of this combination is found in the pulp and peel of citrus fruits and in vegetables, while rutin is a flavonoid found in buckwheat.

Bioflavonoids occur naturally in organic plant pigments and have been the focus of research because they appear to be used by the body in many ways, particularly by supporting vitamin C in its role. Some bioflavonoids have antioxidant properties quite similar to those of vitamin C, and in vitro, they have been shown to protect vitamin C and adrenaline from oxidation by copper-containing enzymes.

This product combines the powerful bioflavonoids rutin and hesperidin, providing a total of 500 mg of vitamin C. These bioflavonoids are of natural origin, rutin is extracted from buckwheat and hesperidin from citrus peels.

Yellow coated tablet.

Each tablet provides:

Vitamin C (as ascorbic acid)

500 mg

Prices valid except for changes on our website. (IVA/VAT) included. Doc. Version bf-trf-G-20241215 https://bio-farma.es/buy/f/lamberts/rutin-vitamin-c-and-bioflavonoids-90-tablets







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W	ww.lambertsespanola.c
	LAMBERTS®
F131848	Rutin and Vitamin C
IN MORE	500mg
BATCH NUMBE	Plus Bioflavonoids & Hesperidin
	FOOD SUPPLEMENT 90 Tablets
DLY	8123-90

Citrus Bioflavonoid Complex	158 mg
contributing	
Routine	50 mg
Hesperidin	50 mg

Tableted / Encapsulated with:

See product label.

Disintegration time:

Less than 1 hour.

Suitable for vegetarians and vegans and free of lactose and gelatin.

Allergen note

The following list of allergens are excluded: wheat, barley, soya, eggs, milk (and dairy products), lactose, nuts, sulphites, celery, fish, shellfish, yeast and gluten.

Contains citrus.

Precautions

None known at the recommended dose.

Storage instructions

Store in a cool, dry place, protected from light and out of the reach of young children.

Instructions for use:

Take 1 to 2 tablets daily. Do not exceed the expressly recommended daily dose. One container lasts: 90 days.

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