

Refreshall 120 Capsules

EAN: 5055148402822 FABRICANTE: LAMBERTS



Refreshall®, With Ginkgo biloba, Lemon balm, Sage, Rosemary plus vitamins B1, B5, B12 and Iodine.

DESCRIPTION

The product's components may help maintain short-term memory and are commonly recommended by health professionals to support brain function and memory.

When formulating Refreshall®, *Ginkgo biloba* was absolutely essential, as its potential as a preventative of age-related memory loss has been the focus of a large amount of research, demonstrating its contribution to maintaining short-term memory.

In the formulation of this exclusive product, other standardized plant extracts are also present, which have been included for their traditional uses and ancient effects.

Specificities:

Ginkgo biloba - internationally known for its results on brain function. Evidence has shown that it has an established vasodilatory effect, improving blood flow and therefore the delivery of oxygen and nutrients to the brain. Another, although less known, effect is on the neurotransmitter acetylcholine (ACh) and its receptors. Contains the same premium ginkgo as used in our simple ginkgo presentation, 8542-180 Ginkgo Biloba 6000 mg and in 8574-60 VeinTain® with extracts of Ginkgo biloba, Cinnamon and Ginger. Pharmaceutical grade ginkgo that conforms to the German monograph.

Sage (*Salvia officinalis*): Most popular as a culinary herb, it also has very interesting effects on brain function. It is thought to increase circulating ACh levels, but in this case it appears to inhibit the acetylcholinesterase that breaks down ACh. We have included the right variety of sage, with the right potency and recommended extract ratio.

Lemon balm (*Melissa officinalis*) has a long history in traditional herbal medicine, primarily as a sedative and relaxant. Recent studies have also identified it as being useful in improving attention and memory. This appears to be due to the fact that it binds to ACh receptors in the brain, mimicking and enhancing the effects of the neurotransmitter. We source our lemon balm from one of the most sophisticated suppliers in the world.

Rosemary (*Rosmarinus officinalis*) - has a similar mechanism of action to sage with respect to ACh. It is highly valued in European herbal medicine for its warming properties, and like ginkgo, it also helps



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improve blood flow to the extremities, including the brain. We have incorporated a concentrated rosemary extract to preserve the active components.

To make it one of the most complete products, the formula also provides vitamins B1, B5 and B12, as well as the mineral iodine, nutrients that act synergistically and contribute, among other functions:

- To the normal functioning of the nervous system, psychological function and normal energy metabolism.
- To the normal functioning of the immune system.
- To reduce tiredness and fatigue.
- They contribute to normal neurological and psychological functions and normal mental performance.
- To normal intellectual performance and normal metabolism of vitamin D and some neurotransmitters.
- To cognitive function, maintenance of the skin, production of thyroid hormones and normal thyroid function.

Oval tablet with green coating.

Two tablets provide:

Ginkgo Biloba (as 120 mg extract)	6000 mg
Lemon Balm (as 100 mg extract)	1000 mg
Sage (as 211 mg extract)	1000 mg
Rosemary (as 13.3 mg extract)	100 mg
Thiamine (B1)	0.55 mg
Vitamin B12	1.25 µg
Pantothenic Acid (B5)	3 mg
Iodine	50 µg

Disintegration time:

Prices valid except for changes on our website. (IVA/VAT) included. Doc. Version bf-trf-G-20241218
<https://bio-farma.es/buy/f/lamberts/refreshall-120-capsules>



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Less than 1 hour.

Suitable for vegetarians and vegans and free of lactose and gelatin.

Allergen note

The following list of allergens are excluded: wheat, gluten, barley, soya, eggs, milk and dairy products, lactose, nuts, sulphites, celery, fish, shellfish and yeast.

Precautions

This product is not recommended for pregnant or breastfeeding women.

People who use blood thinning medications or aspirin should consult their physician before taking Refreshall. As always, anyone on prescription medication or medical supervision should inform their healthcare professional of any supplements they are taking or intend to take.

Instructions for use

Take 2 tablets daily with a meal.

Do not exceed the expressly recommended daily dose.

One container lasts: 60 days.

