

Pure Fish Oil 60 Capsules

EAN: 5055148400477 FABRICANTE: LAMBERTS



It contributes to maintaining the normal functioning of the brain and heart. It also contributes to maintaining normal vision and maintaining normal blood triglyceride levels.

DESCRIPTION

Fish oils have demonstrated their great benefits and are widely recommended for their Omega 3 fatty acid content.

There are two families of essential fatty acids, the Omega 3 series and the Omega 6 series. Both series are of vital importance to ensure optimal nutrition.

There is increasing scientific evidence supporting the use of essential fatty acid supplements to prevent the onset of various disorders.

These capsules contain a concentrated fish oil that provides a total of 700 mg of Omega 3 per capsule (many fish oil products, per 1000 mg of oil, only provide 350 mg of Omega 3).

This means that this product is one of the most powerful available on the market, which is why its use is widespread among professionals.

LAMBERTS® fish oil undergoes a sophisticated 5-stage purification process that removes aflatoxins, heavy metals, antibiotics, PCBs, dioxins, PAHs, irradiated ingredients and pesticides, as well as any other contaminants.

Later, while inside the capsules, the oil is protected from oxidation by the addition of natural vitamin E.

This product contains 5 mg of d-alpha tocopherol.

The most beneficial ingredients in fish oil are two Omega 3 fatty acids, EPA and DHA.

Clinical studies have shown that omega-3s are utilized by the body in countless ways, including the following:

- Docosahexaenoic acid (DHA): Contributes to maintaining normal brain and heart function. It also



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contributes to maintaining normal vision and
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- Eicosapentaenoic acid (EPA): Contributes to the normal functioning of the heart.

Each capsule provides:

Fish meat oil concentrate	1100 mg
Providing Omega 3 of which:	700 mg
Eicosapentaenoic acid (EPA)	355 mg
Docosahexaenoic acid (DHA)	237 mg

Precautions

Those who use blood thinning medications or aspirin should consult their doctor before taking Fish Oil.

Instructions for use

Take 1 to 3 capsules daily with a meal.
Do not exceed the expressly recommended daily dose.

