

## Peppermint Oil 90 Capsules

EAN: 5055148411572    FABRICANTE: LAMBERTS



*Food supplement that helps digestion.*

### DESCRIPTION

#### What is Lamberts® Peppermint Oil and what is it for?

LAMBERTS® Peppermint Oil Capsules contain 100 mg of pure natural peppermint oil, distilled from the leaves of this plant.

The key active ingredients in peppermint are volatile oils, especially menthol, and in these capsules these volatile oils are preserved in a way that is not possible in peppermint candies and peppermint teas. In fact, the amount of mint in each capsule is up to 12 times more potent than even the hottest mint candies.

In some countries, peppermint tea is regularly served after a meal as a digestion aid, and likewise, we recommend that one of these capsules be swallowed after every large meal.

This plant was first cultivated in 1750. Peppermint has a long tradition of use as an aid to the digestive system. Current research and uses tend to focus on peppermint oil's role in preventing abnormal bowel behaviors. In these situations, the muscles of the intestine become hypersensitive and produce strong contractions, which can be very painful.

#### How to use

Take 1 to 2 capsules daily after a main meal.

