

Omega 3 Ultra 60 Capsules

EAN: 5055148410674

FABRICANTE: LAMBERTS



Lamberts Omega 3 Ultra helps maintain normal brain and heart function. It also helps maintain normal vision.

DESCRIPTION

There are two families of essential fatty acids, the Omega 3 series and the Omega 6 series.

Both series are vitally important to ensure optimal nutrition.

The benefits of omega 3 are well documented, and research has demonstrated the vital role it plays in maintaining our wellbeing.

It is for this reason that fish oil supplements are regularly recommended by health professionals.

Omega 3 Ultra provides a total of 1040 mg of omega 3 fatty acids per capsule, including 715 mg of EPA and 286 mg of DHA.

LAMBERTS® fish oil undergoes a sophisticated 5-stage purification process that removes aflatoxins, heavy metals, antibiotics, PCBs, dioxins, PAHs, irradiated ingredients and pesticides, as well as any other contaminants.

Later, while inside the capsules, the oil is protected from oxidation by the addition of natural vitamin E.

- It is a concentrated fish oil.
- Provides a total of 1040 mg of omega 3 fatty acids per capsule.
- One of the strongest available in the UK.
- Subjected to a sophisticated purification process.
- The capsule shell is infused with natural sweet orange oils.
- Its capsules are protected from oxidation by the inclusion of natural vitamin E.

The most beneficial ingredients in fish oil are two Omega 3 fatty acids, EPA and DHA.

Clinical studies have shown that omega-3s are utilized by the body in countless ways, including the following:

- Docosahexaenoic acid (DHA): Helps maintain normal brain and heart function. It also contributes to



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maintaining normal vision.

- Eicosapentaenoic acid (EPA): Contributes to the normal functioning of the heart.
- **Softgel.**

Each capsule provides:

Concentrated Fish Oil	1300 mg
Contributing:	
Omega 3 Fatty Acids	1040 mg
of which:	
Eicosapentaenoic acid (EPA)	715 mg
Docosahexaenoic acid (DHA)	286 mg

Instructions for use

For those eating 2 servings of oily fish per week, take 1 capsule daily.

For those who eat little or no fatty fish, take 2 to 3 capsules daily.

