

## Multi Guard® Iron Free 60 Tablets

EAN: 5055148413323 FABRICANTE: LAMBERTS



Broad spectrum of nutrients without iron or iodine. This comprehensive multi-vitamin formula provides a broad spectrum of key nutrients at clinically relevant levels.

#### **DESCRIPTION**

There are several reasons why an iron-free formulation might be suitable such as those with iron sensitivity or post-menopausal women and men over 50, who require less iron in their diet. We have also omitted iodine from the formulation for those with thyroid problems.

The formula contains vitamin C, E, A, D, B6, folic acid, B12, selenium, zinc and copper, which are important for the immune system/natural defences. It also provides excellent levels of B vitamins, many of which are essential for energy metabolism (the transformation of food into energy).

- Iron-free, for people with iron sensitivity.
- For postmenopausal women and men over 50 years of age.
- Iodine-free, for those with thyroid problems.
- Excellent levels of vitamin B which are needed to release energy from food.
- Good levels of antioxidant nutrients, vitamins C and E.

### Each tablet provides:

Vitamin A 200 μg RE Vitamin D (D3) 10 μg Vitamin E  $36 \text{ mg } \alpha\text{-TE}$ Vitamin C 120 mg Thiamine (B1) 5.5 mg Riboflavin (B2) 7 mg 80 mg NE Niacin (B3) Vitamin B6 5 mg Folic Acid 200 μg

> Prices valid except for changes on our website. (IVA/VAT) included. Doc. Version bf-trf-G-20241215 https://bio-farma.es/buy/f/lamberts/multi-guard-reg-iron-free-60-tablets





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Vitamin B12 50 µg Biotin 200 μg Pantothenic Acid (B5) 30 mg Calcium 127 mg Magnesium 100 mg Zinc 12.5 mg Copper 0.5 mg Manganese 0.5 mg Selenium 165 μg Chrome 100 μg Molybdenum 50 μg Lutein Complex, 10 mg contributing: Lutein 2 mg Zeaxanthin 100 µg Hill 25 mg Inositol 25 mg

**Tableted / Encapsulated with:** See product label.

**Disintegration Time**: Less than 1 hour.

Suitable for vegetarians.

### allergen ote

The following list of allergens are excluded: wheat, barley, soya, eggs, milk (and dairy products), lactose, nuts, sulphites, celery, fish, shellfish, yeast and gluten.

#### **Precautions**

Do not take by pregnant or breastfeeding women.

### Storage instructions







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Store in a cool, dry place, protected from light and out of the reach of young children.

#### Instructions for use:

- Take 1 tablet daily.
- Do not exceed the expressly recommended daily dose.
- One container lasts: 60 days.