

Multi Guard® Advance 60 Tablets

EAN: 5055148412487

FABRICANTE: LAMBERTS



Multi-Guard® Advance is an ideal One-A-Day Multivitamin. With Lutein, Turmeric, Grape Seed and Rosemary. Without Vitamin K.

DESCRIPTION

Multi Guard® Advance is one of the most complete multi-nutrient formulas for people over 50 on the market, as it not only contains all the most significant micronutrients, but also includes herbal extracts with proven benefits in clinical studies and published in scientific literature.

Due to its high concentration of vitamin A and B12, it contributes to the normal functioning of the immune system and to the process of cell differentiation. Riboflavin and zinc, present in this formula, as well as vitamin A, contribute to normal vision, and lutein, a carotenoid contained in the macula of the eye, is provided in 2 mg, as it is important for ocular well-being. All of these give this formula a special appeal for vision care.

We incorporate selenium and chromium, two minerals that are often found in insufficient levels. The amount of vitamin D is present following the amount currently recommended for those with little exposure to sunlight.

Among the best known antioxidants are Rosemary and Grape Seed extract.

Turmeric's significant benefits to Western diets are now widely recognized, and several scientific studies have shown that curcumin (the key active ingredient in this plant) can relieve joint pain. This formula contains a high-potency extract of this plant at a level equivalent to that of a teaspoon of this spice.

Oval tablet with orange coating.

Each tablet provides:

Vitamin A	800 µg RE	Copper	1 mg
Vitamin D (D3)	10 µg	Manganese	0.5 mg
Vitamin E	24 mg αTE	Selenium	110 µg
Vitamin C	120 mg	Chrome	200 µg
Thiamine (B1)	5 mg	Iodine	150 µg
Riboflavin (B2)	4 mg	Choline Bitartrate	5 mg



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Niacin (B3)	16 mg NE	Inositol	5 mg
Vitamin B6 (B6)	10 mg	PABA	5 mg
Folic Acid	200 µg	Lutein	2 mg
Vitamin B12	50 µg	Extracts from:	
Biotin	150 µg	Turmeric	50 mg
Pantothenic Acid (B5)	12 mg	Rosemary	13 mg
Iron	7 mg	Grape Seed	50 mg
Zinc	15 mg		

Disintegration time:

Less than 1 hour.

Suitable for vegetarians.

Allergen note

The following list of allergens are excluded: wheat, gluten, barley, soya, eggs, milk and dairy products, lactose, nuts, sulphites, celery, fish, shellfish and yeast.

Precautions

This product is not recommended for pregnant or breastfeeding women.

This product contains iron, which, if taken in excess, may be harmful to very young children. Keep out of their sight and reach.

Instructions for use

Take 1 tablet daily with a meal.

Do not exceed the expressly recommended daily dose.

