

# bio-farma

## MSM 120 Tablets

EAN: 5055148403171 FABRICANTE: LAMBERTS



*MSM 1000 mg from Natural Source. Ideal dose of the nutrient.*

### DESCRIPTION

The sulfur-containing organic compound MSM is found in the body of living beings and vertebrates in small quantities in tissues and body fluids. It is an essential nutrient required for the production of proteins in the body, such as those found in cartilage, hair, skin and nails.

The sulfur contained in MSM is easily assimilated by the human body and for this reason MSM is commonly used to treat joint problems. Sulfur is one of the essential minerals for humans and its concentration decreases in the joints as a result of inflammation. It is a key component of cartilage and plays an important role in joint well-being.

Small amounts of MSM are found naturally in many foods such as milk and garlic. Many nutritionists believe that modern diets are low in sulfur and therefore recommend a supplement such as this one. MSM is a source of dietary sulfur, along with the sulfur-containing amino acids present in dietary proteins. There are no dietary requirements, but several studies have indicated that MSM supplements could be useful for a joint care regimen, which is why it is often advised as a perfect partner to glucosamine.

LAMBERTS® MSM is naturally derived from pine trees, making it completely natural and suitable for vegetarians and vegans. Each tablet provides a total of 1000 mg of MSM. It is also one of the most highly rated MSM products available by professionals.

Of natural origin.

White/off-white coated oval tablet.

### Each tablet provides:

MSM (Methylsulfonylmethane)	1000 mg
-----------------------------	---------


### Disintegration time:

Less than 1 hour.

Prices valid except for changes on our website. (IVA/VAT) included. Doc. Version bf-trf-G-20241219  
<https://bio-farma.es/buy/f/lamberts/msm-120-tablets>

<https://bio-farma.es> - [info@bio-farma.es](mailto:info@bio-farma.es)

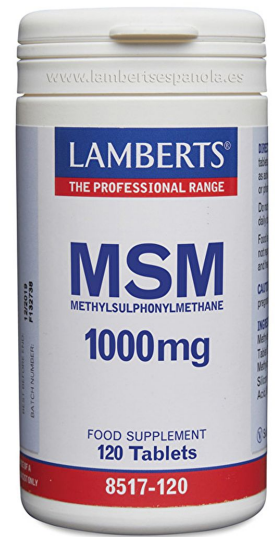
C/ Vermell, 20 3r 3a - 17252  
St. Antoni de Calonge (Girona) Spain

 +34 696 79 77 77



## MSM 120 Tablets

EAN: 5055148403171    FABRICANTE: LAMBERTS



Suitable for vegetarians and vegans and free of lactose and gelatin.

### Allergen note

The following list of allergens are excluded: wheat, gluten, barley, soya, eggs, milk and dairy products, lactose, nuts, sulphites, celery, fish, shellfish and yeast.

### Precautions

This product is not recommended for pregnant or breastfeeding women.

### Instructions for use

Take 1 to 2 tablets daily with a meal.

Do not exceed the expressly recommended daily dose.

