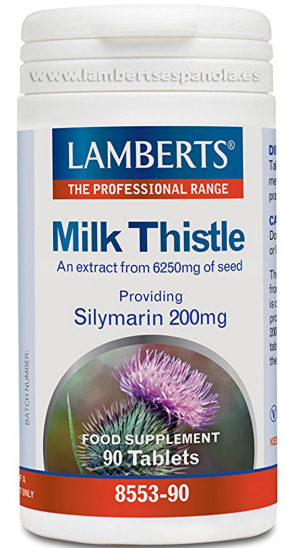


## Milk Thistle 90 Capsules

EAN: 5055148403508

FABRICANTE: LAMBERTS



*Lamberts Cardio Mariano has a Liver function. The liver is a key organ for numerous physiological processes. These include macronutrient metabolism, blood volume regulation, immune system support, bile production, lipid and cholesterol homeostasis, glucose storage, breakdown of chemical compounds and removal of waste from the blood.*

### DESCRIPTION

Although it is better known as Milk Thistle, St. Mary's Thistle, or Milk Thistle, among others, *Silybum marianum* (scientific name) has Silymarin as its active ingredient.

Milk Thistle is a plant that grows throughout the Mediterranean and was introduced into the United Kingdom by herbalists in the 16th century.

At that time it was used to protect against insect bites and for digestive disorders.

Silymarin is composed of three isomers called silybin, silidanin and silicristin, all of them classified as flavonolignans, with silybin being the most important component.

Milk Thistle is a member of the sunflower family, with purple flowers and milky white leaves that blooms from June to August, and is harvested in late summer.

There are more than 300 scientific studies carried out on the properties of Milk Thistle and the possible benefits of its use, making it one of the most extensively studied plants today.

6,250 grams of the plant's seeds are needed to obtain 250 mg of Milk Thistle extract, the amount present in each of the pills (tablets or capsules).

For LAMBERTS® Milk Thistle, a standardized extract of the seeds is used, guaranteeing 200 mg of Silymarin per tablet.

**Round, yellow/light brown coated tablet.**

**Each tablet provides:**

Milk Thistle (provides 250 mg of 25:1 extract)	6,250 mg
providing Silymarin	200 mg

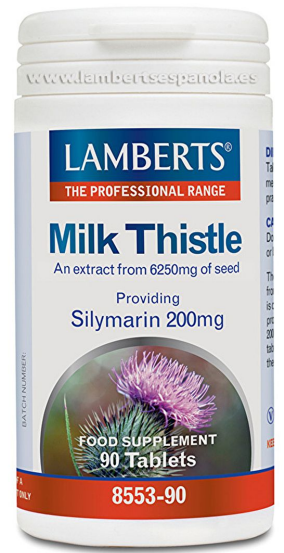
Prices valid except for changes on our website. (IVA/VAT) included. Doc. Version bf-trf-G-20241121  
<https://bio-farma.es/buy/f/lamberts/milk-thistle-90-capsules>



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### Allergen note

The following list of allergens is excluded: wheat, barley, soya, eggs, milk (and dairy products), lactose, nuts, sulphites, celery, fish, shellfish, yeast and ingredients containing gluten.

### Precautions

This product is not recommended for pregnant or breastfeeding women.

### Instructions for use

Take 1 tablet daily with food.

Do not exceed the expressly recommended daily dose.

