

Milk Thistle 60 Tablets

EAN: 5055148414313 FABRICANTE: LAMBERTS



Lamberts Milk Thistle ensures proper maintenance of liver functions and helps prevent imbalances that may undermine the quality of our body's performance.

DESCRIPTION

Milk thistle is one of the most widely studied herbs in use today, with over 300 scientific studies on its chemistry and application, and is widely recommended by practitioners.

Each tablet contains 100 mg of milk thistle extract, using 3 full grams of mature seeds, with a guaranteed level of 80 mg of silymarin per tablet.

Silymarin is the active ingredient in milk thistle fruit (*Silybum marianum*).

Light brown, mottled tablet with clear coating.

Each tablet provides:

Milk Thistle (as 100 mg of a 25:1 extract) 2500 mg

Contributing:

Silymarin 80 mg

Allergen note:

The following list of allergens is excluded: wheat, barley, soya, eggs, milk (and dairy products), lactose, nuts, sulphites, celery, fish, shellfish, yeast and ingredients containing gluten.

Precautions:

Do not take if you are pregnant or breast-feeding.

Instructions for use

Take 1 tablet daily with food.

Do not exceed the expressly recommended daily dose.

