

Maxi-Hair 60 Tablets

EAN: 5055148412548 FABRICANTE: LAMBERTS



Maxi-Hair®, hair care for her and for him. With biotin, selenium, zinc and copper for the well-being of hair.

DESCRIPTION

Our award-winning **Maxi-Hair®** formula, developed in collaboration with professionals and our NPD team in the UK, has been optimized in the concentrations of certain nutrients such as biotin and vitamin C. The mineral calcium has also been added, which has important functions in the body, and provides copper, which contributes to normal hair pigmentation. Healthy hair is a good sign of appearance, and this product provides 23 essential micronutrients that will help those whose diet does not provide adequate levels of vitamins and minerals. It is a product recommended for both women and men.

Proper nutrition is essential for the development and maintenance of the entire organism, which will also translate into healthy skin and hair.

The hair is inserted into the scalp, which is made up of the epidermis (with cells that produce the protein keratin), the dermis (with hair follicles, blood vessels, collagen, among others) and the hypodermis (formed by connective tissue, blood vessels and fat-storing cells). The hair, on the other hand, is made up of a stem, root and follicle. At the bottom of the follicle we find the papilla, which contains blood vessels that nourish the hair root. Through cell division, cells are constantly produced, whose accumulation and keratinization give rise to the hair stem. The hair is made up of 95% keratin, a protein formed by chains of amino acids.

The nutrients in Maxi-Hair® are represented in significant and balanced levels, so this product can be used as a complete multi-nutrient formula for daily use, since in addition to benefiting the well-being of the hair due to the specific nutrients it contains for this purpose, it provides a broad spectrum of vitamins and minerals that have important functions for the body, and that must be ingested daily.

The benefits provided by this formulation are:

- Some B vitamins, along with biotin, contribute to the maintenance of normal skin, hair and nails. The levels of B vitamins and magnesium exceed the amounts found in typical multis on the market. Inositol (as myo-inositol) is closely associated with the B vitamin complex, and is one of nine different types of inositol (often referred to as vitamin B8). It is produced in the body and is also the most commonly found form in nature, in foods such as: fruits, whole legumes, dried prunes, brewer's yeast and nuts.

Prices valid except for changes on our website. (IVA/VAT) included. Doc. Version bf-trf-G-20241215
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- Vitamin D (as D3) is present in twice the level of most other vitamin and mineral products. This nutrient contributes to the normal absorption and utilization of calcium and phosphorus, to the maintenance of normal levels of calcium in the blood, bones, muscles and teeth, as well as to the normal functioning of the immune system, among others.
- Vitamin E contributes to the protection of cells against oxidative damage.
- Vitamin K contributes to normal blood clotting and the maintenance of normal bones.
- Vitamin C contributes to the normal functioning of the immune system, to the normal formation of collagen for the normal functioning of blood vessels, bones, cartilage, skin, to the functioning of the nervous system, to reducing tiredness and fatigue, among other functions.
- Calcium contributes to blood clotting, muscle function, neurotransmission, and is necessary for bone maintenance, among other specific functions.
- Magnesium helps reduce tiredness and fatigue, contributes to the functioning of the nervous system and muscles, protein synthesis, psychological function, maintenance of bones, teeth, as well as the process of cell division and more.
- Iron contributes to cognitive function, the formation of red blood cells and hemoglobin, transport to the functioning of the immune system, reducing tiredness and fatigue, and other benefits, such as its contribution to the process of cell division, etc.
- Zinc makes important contributions to DNA synthesis, fertility and reproduction, the metabolism of fatty acids and vitamin A, the maintenance of hair, nails and skin, vision, normal testosterone levels, the functioning of the immune system, etc.
- Copper has important contributions in the maintenance of connective tissue, the nervous system, hair pigmentation, iron transport in the body, skin pigmentation, the functioning of the immune system, the protection of cells against oxidative damage, among other equally important ones.
- The presence of manganese contributes to energy metabolism, bone maintenance, normal formation of connective tissue and the protection of cells against oxidative damage.
- Selenium contributes to spermatogenesis, hair and nail maintenance, immune system function, thyroid function, and the protection of cells from oxidative damage.
- Chromium contributes to macronutrient metabolism and maintaining normal blood glucose levels.
- Iodine contributes to cognitive function, normal functioning of the nervous system, skin, and the production of thyroid hormones and normal thyroid function.
- Choline contributes to homocysteine and lipid metabolism and liver function.

Pale pink oval coated tablet.

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Each tablet provides:

Vitamin D (D3)	10 µg	Vitamin E	10 mg α-TE
Vitamin K (K1)	70 µg	Vitamin C	80 mg
Thiamine (B1)	10 mg	Riboflavin (B2)	10 mg
Niacin (B3)	20 mg	Vitamin B6	10 mg
Folic Acid	400 µg	Vitamin B12	6 µg
Biotin	350 µg	Pantothenic Acid (B5)	5 mg
Calcium	120 mg	Magnesium	150 mg
Iron (as Ferrous Fumarate)	17 mg	Zinc (as citrate)	15 mg
Copper (as sulfate)	1000 µg	Manganese (as sulfate)	0.5 mg
Selenium (as Sodium Selenite)	100 µg	Chromium (as picolinate)	80 µg
Iodine (as potassium iodide)	150 µg	Choline Bitartrate	5 mg
Inositol	5 mg		

Allergen note

The following list of allergens are excluded: wheat, gluten, barley, soya, eggs, milk and dairy products, lactose, nuts, sulphites, celery, fish, shellfish and yeast.

Precautions

This product contains iron, which, if taken in excess, may be harmful to very young children. Keep out of their sight and reach.

A dark yellow color of the urine is normal. This is harmless and indicates that the body is using Vitamin B2 (Riboflavin) effectively.

Instructions for use

Take 1 tablet daily with food.

