

Lactase Complex 350 mg 60 Capsules

EAN: 5055148411107 FABRICANTE: LAMBERTS



Lactase Complex 350 mg 9000 FCC. Digestive enzyme in tablets. Useful for the digestion of milk and dairy products.

DESCRIPTION

LAMBERTS® Lactase Complex 350mg is equivalent to 9000 FCC (Food Chemical Codex)*, making it one of the highest concentration products. Enzyme activity is measured and expressed in FCC, (the national standard measure for plant enzymes), which is a better description than milligram weight as it describes the level of enzyme activity.

Lactase is an enzyme that improves the digestion of lactose (milk sugar) in people with lactose ingestion problems. Lactase should be synthesized by the body in the small intestine, however, if this enzyme is not produced or is produced in small quantities, undigested lactose passes into the colon where it is fermented and produces hydrogen, carbon dioxide and organic acids, causing cramps, gas and diarrhea.

Lactose intolerance is not a serious problem, but it can cause uncomfortable discomfort for those affected, and although eliminating milk-based products is one solution, this can be very impractical and involve a very restrictive diet. Therefore, this product is useful for people who have problems digesting milk.

Round white coated tablet.

Each tablet provides:

Lactase Complex 350 mg

(Equivalent to 9000 FCC).

Suitable for vegetarians and vegans and free of lactose and gelatin.

Allergen note

The following list of allergens is excluded: ingredients containing wheat, barley, soya, eggs, milk (and dairy products), lactose, nuts, sulphites, celery, yeast and gluten.

Precautions



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None known at the recommended dose.

Instructions for use

For people who have problems digesting lactose, take 1 tablet before a meal containing dairy products (lactose).

Do not exceed 3 tablets per day.

Do not exceed the expressly recommended daily dose.

