

# L-Tyrosine 500 mg 60 Capsules

EAN: 5055148410964 FABRICANTE: LAMBERTS



L-Tyrosine 500 mg in free form. Non-essential amino acid. Free form. Maximum absorption.

### DESCRIPTION

Amino acids are used by the body to build proteins.

Proteins are essential for the formation of cells, and are also linked to the biochemical structure of hormones, enzymes, neurotransmitters and antibodies.

Amino acids are classified as essential or non-essential.

Essential amino acids cannot be synthesized in the body and must be obtained through diet, while nonessential amino acids, although extremely important for health, can be synthesized in the body and are therefore not classified as "essential."

LAMBERTS <sup>®</sup> amino acids are in "free form", that is, they are ready to be absorbed and used by the body (they do not need to be digested).

Tyrosine is a non-essential amino acid, as the body can produce it from phenylalanine, but it is also obtained from protein-rich foods such as cheese, chicken, fish and soy.

Tyrosine is important because it is a precursor to the neurotransmitters dopamine, adrenaline and noradrenaline. It also acts as a precursor to certain hormones, including thyroxine and melanin, the most important human pigment.

LAMBERTS <sup>®</sup> L-Tyrosine is presented as a free-form amino acid for maximum absorption.

Each capsule provides a total of 500 mg of L-tyrosine.

White powder in a clear hard capsule.

### Each capsule provides:

L-Tyrosine

500 mg

Prices valid except for changes on our website. (IVA/VAT) included. Doc. Version bf-trf-G-20241222 https://bio-farma.es/buy/f/lamberts/l-tyrosine-500-mg-60-capsules







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Disintegration time: Less than 1 hour.

Suitable for vegetarians and vegans.

### Allergen note

The following list of allergens are excluded: wheat, barley, soya, eggs, milk (and dairy products), lactose, nuts, sulphites, celery, fish, shellfish, yeast and gluten.

### Precautions

L-tyrosine should not be used with MAO inhibitors (a type of antidepressant drug). This product is not recommended for children or for pregnant or breast-feeding women.

### Instructions for use

Take 1 to 4 capsules daily with water or fruit juice.

Amino acids are best taken half an hour before any meal or just before going to bed.

Do not exceed the expressly recommended daily dose.

One container lasts: 60 days max.

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