



## L-Theanine 200 mg 60 Capsules

EAN: 5055148405397 FABRICANTE: LAMBERTS



### Disintegration time:

Between 15 and 30 minutes.

Suitable for vegetarians and vegans and free of lactose and gelatin.

### Allergen note

The following list of allergens is excluded: ingredients containing wheat, barley, soya, eggs, milk (and dairy products), lactose, nuts, sulphites, celery, yeast and gluten.

### Precautions

This product is not recommended for children or pregnant or breastfeeding women. L-theanine is not believed to be addictive, and does not cause drowsiness.

Do not exceed 800 mg of EGCG daily. Do not take with other green tea products.

### Instructions for use

Adults over 18 years of age, take 1 capsule daily always with food.

Do not take on an empty stomach.

Do not exceed the expressly recommended daily dose.

One container lasts: 60 days.

