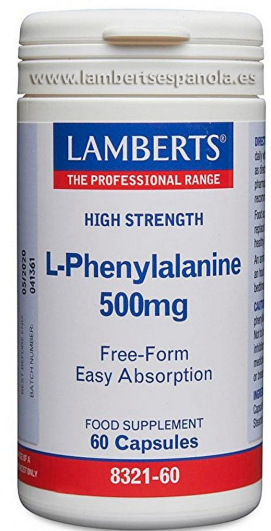


## L-Phenylalanine 500 mg 60 Capsules

EAN: 5055148410995

FABRICANTE: LAMBERTS



*L-Phenylalanine 500 mg in free form. Essential amino acid. Natural amino acid present in proteins.*

### DESCRIPTION

Amino acids are used by the body to build proteins.

Proteins are essential for the formation of cells, and are also linked to the biochemical structure of hormones, enzymes, neurotransmitters and antibodies.

Amino acids are classified as essential or non-essential.

Essential amino acids cannot be synthesized in the body and must be obtained through diet, while non-essential amino acids, although extremely important for health, can be synthesized in the body and are therefore not classified as "essential."

LAMBERTS<sup>®</sup> amino acids are in "free form", that is, they are ready to be absorbed and used by the body (they do not need to be digested).

It is an essential amino acid so it cannot be synthesized by the body and must be obtained from food.

In the body, phenylalanine is converted into another amino acid, tyrosine, which is in turn used to produce neurotransmitters called catecholamines, which include adrenaline, noradrenaline, and dopamine.

Phenylalanine is found in two forms: L-Phenylalanine, which is a natural amino acid present in proteins, and D-Phenylalanine, which can be produced in the laboratory but is not necessary as a nutrient for the body.

LAMBERTS<sup>®</sup> L-Phenylalanine is present in free and natural form to ensure optimal absorption.

**Important note: People with a condition known as phenylketonuria (PKU), in which phenylalanine cannot be broken down, should not take phenylalanine supplements. Phenylalanine supplements should also not be taken with prescription antidepressants, especially monoamine oxidase (MAO) inhibitors.**



## L-Phenylalanine 500 mg 60 Capsules

**EAN:** 5055148410995    **FABRICANTE:** LAMBERTS



Cream colored powder in a clear hard capsule.

### Each capsule provides:

L-Phenylalanine	500 mg
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### Disintegration time:

Less than 30 minutes.

### Allergen note

The following list of allergens are excluded: wheat, gluten, barley, soya, eggs, milk and dairy products, lactose, nuts, sulphites, celery, fish, shellfish and yeast.

### Precautions

L-PHENYLALANINE SHOULD NOT BE TAKEN BY THOSE AFFECTED BY PHENYLKETONURIA (PKU).

L-phenylalanine should not be used with MAO inhibitors (a type of antidepressant drug). This product is not recommended for children or for pregnant or breast-feeding women.

### Instructions for use

Take 1 capsule daily with water or fruit juice.

Amino acids are best taken half an hour before any meal or just before going to bed.

Do not exceed the expressly recommended daily dose.

One container lasts: 60 days.

