

L-Glutathione Complex 60 Capsules

EAN: 5055148401566 FABRICANTE: LAMBERTS



L-Glutathione Complex. Free Form Amino Acids. Tripeptide of L-Glutamic Acid, L-Cysteine, and Glycine.

DESCRIPTION

Amino acids are used by the body to build proteins.

Proteins are essential for the formation of cells, and are also linked to the biochemical structure of hormones, enzymes, neurotransmitters and antibodies.

Amino acids are classified as essential or non-essential.

Essential amino acids cannot be synthesized in the body and must be obtained through diet, while non-essential amino acids, although extremely important for health, can be synthesized in the body and are therefore not classified as "essential."

LAMBERTS® amino acids are in "free form", that is, they are ready to be absorbed and used by the body (they do not need to be digested).

L-Glutathione is a tripeptide composed of glutamic acid, cysteine and glycine that is part of the enzyme glutathione peroxidase, one of the most powerful antioxidants in the body.

Glutathione is found in every cell in the body, with the highest concentration in the liver.

Since it can be formed from these three amino acids in the body, it is considered non-essential because it does not have to be obtained from food.

Since cysteine is relatively rare in food products, this amino acid is the rate-limiting factor in the synthesis of glutathione by the body.

LAMBERTS® Glutathione Complex contains good levels of each amino acid, plus absolute glutathione.

Hypoallergenic formulation.

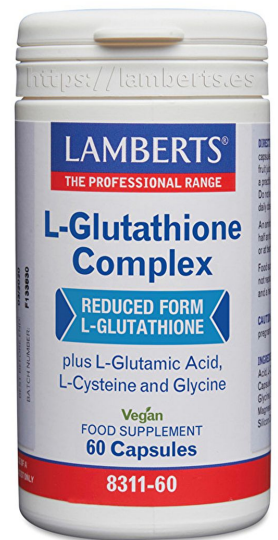
White powder in a clear hard capsule.

Each capsule provides:



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L-Glutamic Acid	194 mg
L-Cysteine	158 mg
Glycine	98 mg
L-Glutathione	50 mg

Disintegration time:

Less than 30 minutes.

Suitable for vegetarians and vegans and free of lactose and gelatin.

Allergen note

The following list of allergens are excluded: wheat, gluten, barley, soya, eggs, milk and dairy products, lactose, nuts, sulphites, celery, fish, shellfish and yeast.

Precautions

This product is not recommended for children, growing adolescents, or pregnant or nursing women.

Instructions for use

Take 1 to 3 capsules daily with water or fruit juice.

Amino acids are best taken half an hour before any meal or just before going to bed.

Do not exceed the expressly recommended daily dose.

One container lasts: 60 days max.

