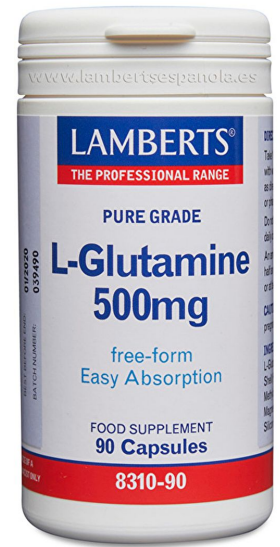


L-Glutamine 500 mg 90 Tablets

EAN: 5055148411039

FABRICANTE: LAMBERTS



L-Glutamine 500 mg. Pure. Non-essential amino acid. In free form for easy absorption. The most abundant amino acid in the body.

DESCRIPTION

Amino acids are used by the body to build proteins. Proteins are essential for the formation of cells and are also linked to the biochemical structure of hormones, enzymes, neurotransmitters and antibodies.

Amino acids are classified as essential or non-essential. Essential amino acids cannot be synthesized in the body and must be obtained through the diet, while non-essential amino acids, although very important for health, can be synthesized in the body and are therefore not classified as "essential". LAMBERTS[®] amino acids are in "free form", meaning they are ready to be absorbed and used by the body (they do not need to be digested).

Glutamine is the most abundant naturally occurring non-essential amino acid in the body and can be derived from glutamic acid, another member of the amino acid family. Both glutamine and glutamic acid can be found in protein-rich foods such as red meat, nuts, and fish. Different tissues in the body have different requirements for L-glutamine, with the most avid consumers being the cells of the intestines, while muscles are high producers of L-glutamine.

Our capsules are manufactured in the UK under strict GMP pharmaceutical manufacturing standards and are suitable for vegetarians and vegans. If you require high daily doses of L-Glutamine then you should look for LAMBERTS[®] L-Glutamine powder, which is much more economical per gram and with its very mild salty taste can be sprinkled on food or mixed into drinks.

Cream colored powder in a clear hard capsule.

Each capsule provides:

L-Glutamine 500 mg

Disintegration time:

Less than 30 minutes.

Prices valid except for changes on our website. (IVA/VAT) included. Doc. Version bf-trf-G-20241222
<https://bio-farma.es/buy/ff/lamberts/l-glutamine-500-mg-90-tablets>



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Suitable for vegetarians and vegans and free of lactose and gelatin.

Allergen Note

The following list of allergens are excluded: wheat, gluten, barley, soya, eggs, milk and dairy products, lactose, nuts, sulphites, celery, fish, shellfish and yeast.

Precautions

This product is not recommended for children, growing adolescents, or pregnant or nursing women.

Instructions for use

Take 1 to 6 capsules daily with water or fruit juice.

Amino acids are best taken half an hour before any meal or just before going to bed.

Do not exceed the expressly recommended daily dose.

One container lasts: 90 days max.

