

## L-Acetyl Carnitine 500 mg 60 Tablets

EAN: 5055148411060 FABRICANTE: LAMBERTS



Acetyl-L-carnitine is a type of L-carnitine, an amino acid found in almost every cell in the body. L-carnitine plays a key role in converting fat into energy. It also increases the activity of certain nerve cells in the central nervous system.

## DESCRIPTION

Amino acids are used by the body to build proteins.

Proteins are essential for the formation of cells, and are also linked to the biochemical structure of hormones, enzymes, neurotransmitters and antibodies.

Amino acids are classified as essential or non-essential.

Essential amino acids cannot be synthesized in the body and must be obtained through diet, while nonessential amino acids, although extremely important for health, can be synthesized in the body and are therefore not classified as ?essential.?

LAMBERTS <sup>®</sup> amino acids are in ?free form?, that is, they are ready to be absorbed and used by the body (they do not need to be digested).

Carnitine is an important amino acid that is produced in the body from lysine in the presence of vitamin C, and is found mainly in foods of animal origin.

Its most important known metabolic function is to transport long-chain fatty acids to the mitochondria of muscle cells (including those of the myocardium), where they are oxidized to produce energy.

LAMBERTS <sup>®</sup> L-Acetyl Carnitine, as HCl, 500 mg is a One-A-Day formula.

Made in the UK under strict GMP manufacturing standards.

Acetyl L-Carnitine is an altered form of the amino acid, L-Carnitine, and is one of the most researched forms of carnitine.

Furthermore, evidence suggests that absorption from the small intestine of the acetyl form of this amino acid is particularly better.

Prices valid except for changes on our website. (IVA/VAT) included. Doc. Version bf-trf-G-20241121 https://bio-farma.es/buy/f/lamberts/l-acetyl-carnitine-500-mg-60-tablets







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Suitable for vegetarians and vegans and free of lactose and gelatin.

White powder in clear hard shell capsule.

#### Each capsule provides:

Acetyl-L-Carnitine HCI	610 mg
Contributing:	
Acetyl-L-Carnitine	500 mg

## Allergen note

This product is free of wheat, gluten, yeast, dairy, soy, nuts and shellfish.

#### Precautions

Do not take by pregnant or breastfeeding women.

#### Instructions for use

Take 1 capsule daily with water or fruit juice.

Do not exceed the expressly recommended daily dose.

An amino acid is best taken 1/2 hour before any meal or before bed.

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